



US 20220362260A1

(19) **United States**

(12) Patent Application Publication

Bertelli et al.

(10) Pub. No.: US 2022/0362260 A1

(43) Pub. Date: Nov. 17, 2022

- (54) **METHODS OF TREATING LIPEDEMA INCLUDING AKR1C1 AS A THERAPEUTIC TARGET**

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(21) Appl. No.: **17/734,708**

(22) Filed: **May 2, 2022**

Related U.S. Application Data

- (60) Provisional application No. 63/183,313, filed on May 3, 2021

Publication Classification

- | (51) | Int. Cl. | |
|------|---------------------|-----------|
| | <i>A6IK 31/551</i> | (2006.01) |
| | <i>A6IK 31/4035</i> | (2006.01) |
| | <i>A6IK 31/196</i> | (2006.01) |
| | <i>A6IK 31/353</i> | (2006.01) |
| | <i>A6IK 31/7048</i> | (2006.01) |
| | <i>A6IK 31/566</i> | (2006.01) |
| | <i>A6IK 31/57</i> | (2006.01) |
| | <i>A6IK 31/7034</i> | (2006.01) |
| | <i>A6IK 36/05</i> | (2006.01) |
| | <i>A6IK 36/82</i> | (2006.01) |
| | <i>A6IK 31/201</i> | (2006.01) |
| | <i>A6IK 31/704</i> | (2006.01) |
| | <i>A6IK 31/231</i> | (2006.01) |
| | <i>A6IK 31/16</i> | (2006.01) |
| | <i>A6IK 31/122</i> | (2006.01) |
| | <i>A6IK 31/60</i> | (2006.01) |

- A61K 31/603* (2006.01)
A61K 31/19 (2006.01)
A61K 31/05 (2006.01)

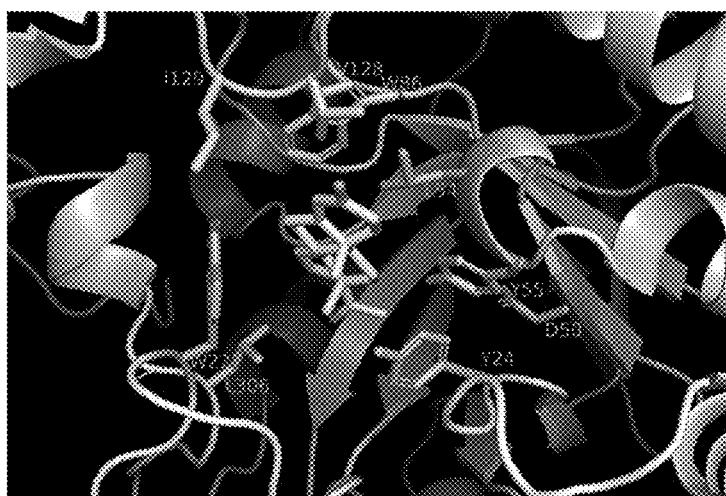
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- (52) U.S. Cl.
CPC *A61K 31/551* (2013.01); *A61K 31/4035*
 (2013.01); *A61K 31/196* (2013.01); *A61K
31/353* (2013.01); *A61K 31/7048* (2013.01);
 A61K 31/566 (2013.01); *A61K 31/57*
 (2013.01); *A61K 31/7034* (2013.01); *A61K
36/05* (2013.01); *A61K 36/82* (2013.01); *A61K
31/201* (2013.01); *A61K 31/704* (2013.01);
 A61K 31/231 (2013.01); *A61K 31/16*
 (2013.01); *A61K 31/122* (2013.01); *A61K
31/60* (2013.01); *A61K 31/603* (2013.01);
A61K 31/19 (2013.01); *A61K 31/05* (2013.01);
 A61K 31/37 (2013.01); *A61K 31/366*
 (2013.01); *A61K 31/121* (2013.01); *A61K
31/192* (2013.01); *A61K 33/40* (2013.01);
 A61K 36/38 (2013.01); *A61K 31/567*
 (2013.01); *A61K 31/22* (2013.01); *A61K
31/405* (2013.01); *A61K 31/415* (2013.01);
 A61K 31/167 (2013.01); *A61K 31/616*
 (2013.01); *A61K 31/407* (2013.01); *A61K
31/40* (2013.01); *A61K 31/585* (2013.01);
 A61K 31/575 (2013.01); *A61K 31/138*
 (2013.01); *A61K 31/365* (2013.01); *A61K
31/352* (2013.01); *A61K 31/5517* (2013.01);
 C12Q 1/6883 (2013.01); *C12Q 1/32*
 (2013.01); *G01N 33/6893* (2013.01); *C12Q
1/6869* (2013.01)

ABSTRACT

The present invention identifies AKR1C1 as the first lipedema-associated gene. The invention provides methods for diagnosing or assessing an individual's susceptibility to lipedema by the analysis of the AKR1C1 gene or the expression levels of its product and related metabolites. Also provided are therapeutic methods for treating a patient or methods for prophylactically treating an individual susceptible to lipedema.

Specification includes a Sequence Listing.



| Publication Classification | | | |
|----------------------------|--------------------|---------------------|-----------|
| (51) Int. Cl. | | <i>A61K 31/167</i> | (2006.01) |
| | <i>A61K 31/37</i> | <i>A61K 31/616</i> | (2006.01) |
| | <i>A61K 31/366</i> | <i>A61K 31/407</i> | (2006.01) |
| | <i>A61K 31/121</i> | <i>A61K 31/40</i> | (2006.01) |
| | <i>A61K 31/192</i> | <i>A61K 31/585</i> | (2006.01) |
| | <i>A61K 33/40</i> | <i>A61K 31/575</i> | (2006.01) |
| | <i>A61K 36/38</i> | <i>A61K 31/138</i> | (2006.01) |
| | <i>A61K 31/567</i> | <i>A61K 31/365</i> | (2006.01) |
| | <i>A61K 31/22</i> | <i>A61K 31/352</i> | (2006.01) |
| | <i>A61K 31/405</i> | <i>A61K 31/5517</i> | (2006.01) |
| | <i>A61K 31/415</i> | <i>C12Q 1/6883</i> | (2006.01) |
| | | <i>C12Q 1/32</i> | (2006.01) |
| | | <i>G01N 33/68</i> | (2006.01) |

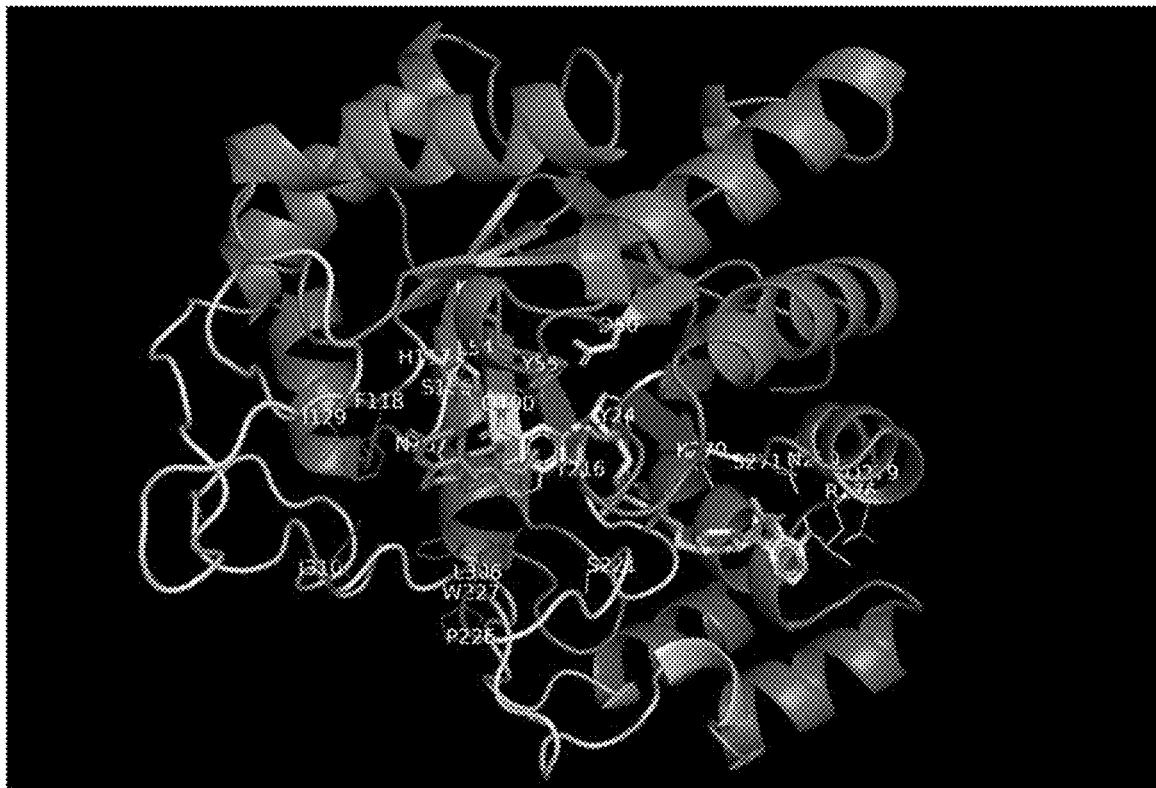
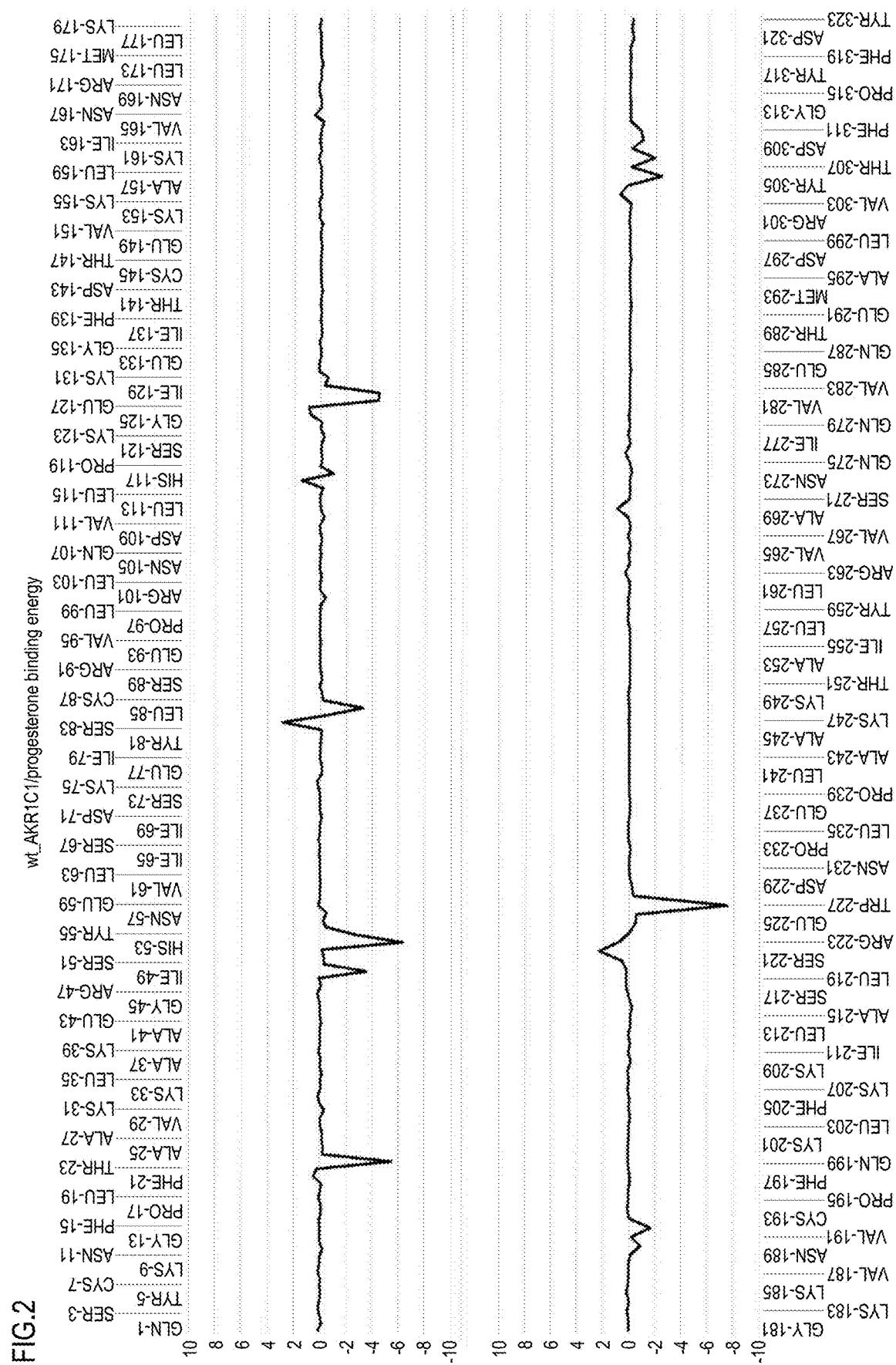


FIG. 1



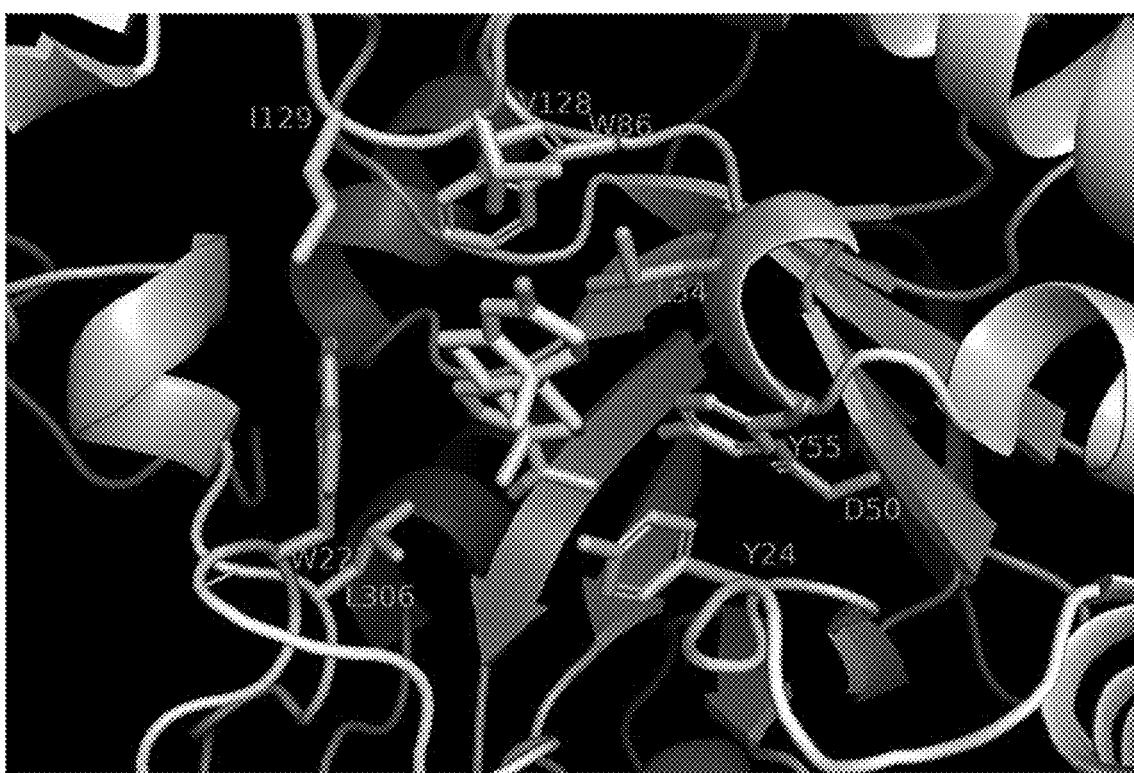
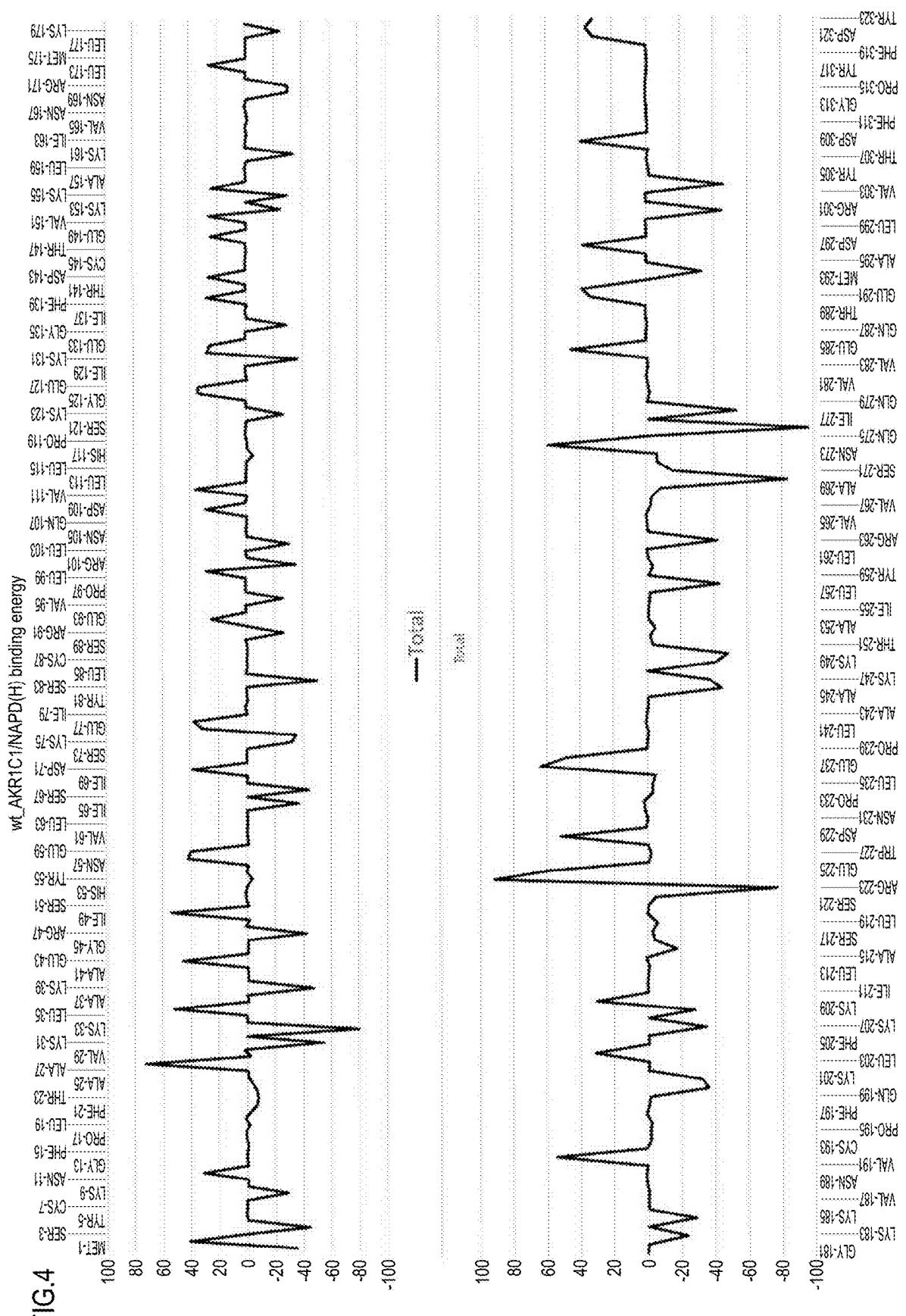


FIG. 3



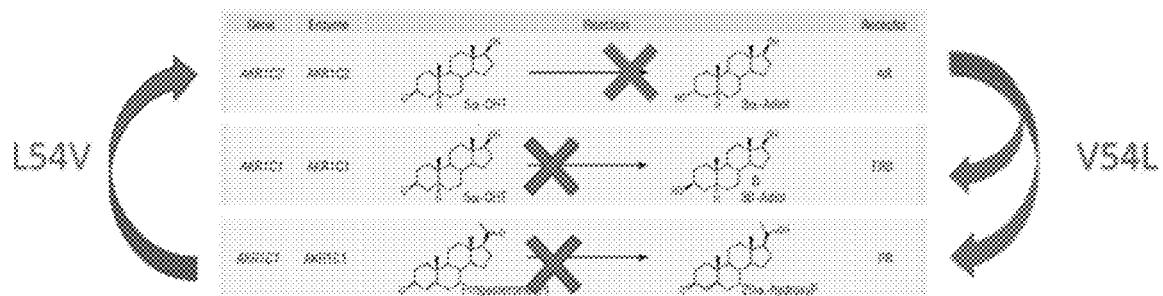
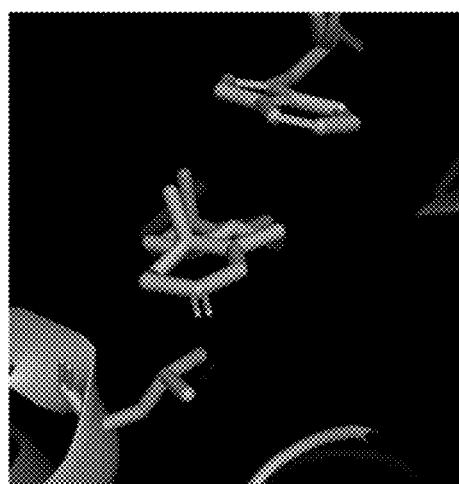
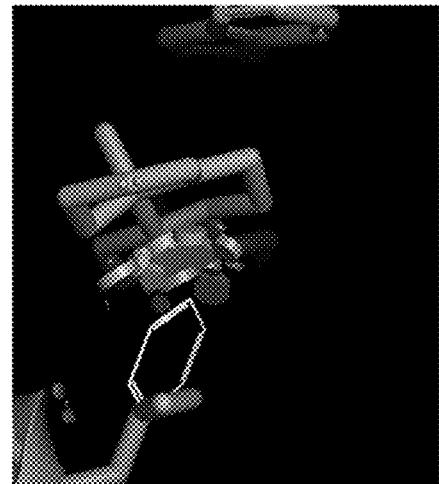


FIG. 5



(a)



(b)

FIG. 6

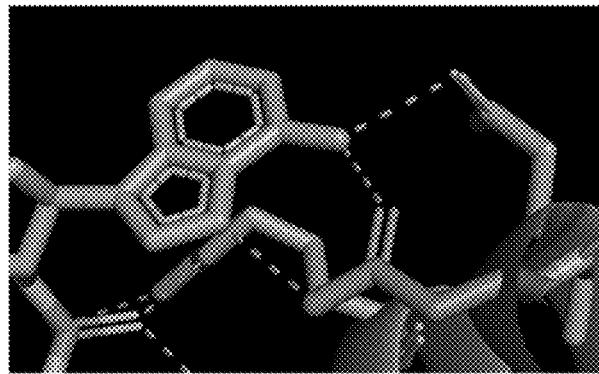


FIG. 7

METHODS OF TREATING LIPEDEMA INCLUDING AKR1C1 AS A THERAPEUTIC TARGET

FIELD OF THE INVENTION

[0001] This invention relates to methods to prevent and treat human lipedema including AKR1C1 as a diagnostic and therapeutic target.

BACKGROUND

[0002] Lipedema is a chronic and progressive pathologic condition mainly characterized by an abnormal body fat distribution. It affects extremities with abnormal fat deposition in thighs and legs and in some cases also the arms, while the trunk, hands and feet remain unaffected (Kruppa et al., 2020). For many years it has been grossly misdiagnosed because its similarity with obesity and lymphedema (Fife et al., 2010). Lipedema patients can be distinguished from these two conditions by a series of features such as body disproportion, bilateral symmetry, hematoma tendency and scarce influence of diet, exercise and bariatric surgery. It has been estimated that about 10% of the woman are affected by lipedema worldwide (Buck D W and Herbst K L, 2016). Male cases have been described in very few reports. For this reason, the involvement of sexual hormones in the etiology of the disease has been postulated several times (Torre et al., 2018; Bauer et al., 2019). In line with this hypothesis, manifestations commonly arise in phases of hormonal changes (puberty, pregnancy or menopause) in females (Torre et al., 2018). There is very strong evidence of a genetic base for the condition, since an autosomal dominant hereditary pattern was found in many families (Buso et al., 2019).

[0003] While genetic factors apparently regulate subcutaneous adipose tissue distribution, so far, no monogenic cause of non-syndromic primary lipedema have been discovered until now.

[0004] Generally, patients with lipedema undergo differential diagnosis from other disorders, and other genes are screened to exclude the patient as having a known diagnosis of another disorder of subcutaneous adipose tissue (ADRA2A, AKT2, ALDH18A1, CIDEC, LIPE, LMNA, MFN2, NSD1, PALB2, PLIN1, POU1F1, PPARG, TBL1XR1) and of localized lipodystrophies (AGPAT2, AKT2, BSCL2, CAV1, CAVIN1 (PTRF), CIDEC, LIPE, LMNA, PLIN1, PPARG, ZMPSTE24).

[0005] To date, no direct or specific treatment of the causes of lipedema has been described. Therapies are performed to help relieve symptoms and prevent frustration. When possible, a conservative management is suggested and this include manual lymph drainage, appropriate compression therapy with custom-made, flat-knitted compressive clothing, psychosocial therapy, patient education on self-management, physiotherapy and exercise therapy (such as low impact, cycling, walking or other exercise or movements), dietary counseling and weight management.

[0006] Up to now, no effective nutritional treatment has been reported for patients with lipedema. Lipedema fat is resistant to diet therapy. Current dietary approaches are aimed at lowering body weight through a hypocaloric diet, inhibiting systemic inflammation with antioxidant and anti-inflammatory components and reducing water retention (Di Renzo et al., 2021).

[0007] In some cases, if symptoms impair quality of life, the potential indication for surgery should be evaluated. Liposuction therapeutic benefit has not yet been evaluated in any randomized, controlled trials. Liposuction can reduce leg circumference, pain, feeling of tightness, tendency to form hematomas, improving quality of life. In highly advanced stages of the disease (i.e. in presence of lymphedema and fibrosis) dermato-fibro-lipectomy may be indicated.

SUMMARY OF THE INVENTION

[0008] This invention provides methods for diagnosing lipedema or identifying agents for treating a patient having lipedema or a predisposition for lipedema. The methods comprise one or more of the following steps:

[0009] detecting step to identify variants in the sequence of AKR1C1 gene from gDNA (genomic DNA). Single nucleotide polymorphism (SNP) analysis is also useful for detecting differences between alleles of AKR1C1 genes, that reside within a region of human chromosome 10. Within this region, about 700 known SNPs have been reported to date;

[0010] detecting step comprises quantifying mRNA encoding an AKR1C1 isoform in a biological sample (blood, urine and adipose tissue specimens);

[0011] detecting increment or reduction of AKR1C1 enzymatic substrate or product (i.e. steroid derivatives and prostaglandins) in a biological sample (blood, urine and adipose tissue specimens) in a lipedema patient compared to controls. The biological sample can be screened with an antibody that specifically binds to AKR1C1 enzymatic substrate or product or the biological sample can be treated or converted by AKR1C1 enzyme;

[0012] identifying natural and synthetic molecules capable of modulating AKR1C1 with possible therapeutic effect on lipedema.

[0013] Only the identification of AKR1C1 as the first lipedema-associated gene rendered the diagnostic and therapeutic approaches herein described possible. The identification of the gene and its linkage to lipedema opened the way to diagnose and treat the disease of lipedema. Since AKR1C1 is the first gene associated with the molecular diagnosis of non-syndromic lipedema, there are currently no molecular diagnostic alternatives.

[0014] Indeed, with their study, the inventors argue in favor of the involvement of AKR1C1 in lipedema (Michelini et al., 2020). AKR1C1 is a gene highly expressed in the subcutaneous tissue and it has been suggested that its activity in the regulation of steroid hormone levels plays an important role in the accumulation of subcutaneous fat depots. The enzyme expressed by this gene, the 20 α -hydroxysteroid dehydrogenase (20 α -HSD), metabolizes progesterone and causes over production of subcutaneous adipocytes (Blanchette et al., 2005). To date, AKR1C1 has not been implicated in any genetic condition characterized by or including lipedema among its clinical manifestations.

[0015] The association may be due to rare genetic variants or common polymorphisms that alter enzymatic function and can also be caused by epigenetic alterations.

[0016] In one embodiment of the method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to the invention, the variants of step (i) are detected from gDNA, in particular by single nucleotide polymorphism (SNP) analysis for detecting differences between alleles of AKR1C1 genes, that reside within a

region of human chromosome 10, or detected through NGS (Next Generation Sequencing) or Sanger technologies.

[0017] In an advantageous embodiment of the method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to the invention, the variants of step (i) are selected from known loss-of-function (LoF) SNPs indicated in table 1 or from a list of selected SNPs as indicated in table 2 or 4. The SNPs can, for example, be selected on the basis of the following criteria: only missense variants; absent in homozygous state; frequency below 0.1%. The selected variants are subsequently preferably studied by functional modelling to verify their impact, for example in terms of binding affinity to certain compounds. This permits to study for one or more particular variants found in a patient the binding affinity to pharmaceutically active compounds, to find the compound that best fits for the particular variant and thus for the patient being affected by this variant. Preferably, the variants are selected from the group consisting of: c.840C>A (p.Asn280Lys), c.327T>A (p.Asp109Glu), c.928A>C (p.Ile310Leu), or are selected from c.160T>G (p.Leu54Val), c.162A>T (p.Leu54Phe), c.638T>A (p.Leu213Gln), the p.Leu54 and p. Leu213 variants being particularly preferred. The six variants above are particularly interesting as they have been found in lipedema patients.

[0018] In particular, the missense variant p.(Leu213Gln) in AKR1C1, the gene encoding for an aldo-keto reductase catalyzing the reduction of progesterone to its inactive form, 20- α -hydroxyprogesterone, suggests a partial loss-of-function resulting in a slower and less efficient reduction of progesterone to hydroxyprogesterone and an increased subcutaneous fat deposition in variant carriers. The p.(Leu213Gln) variant, to the knowledge of the inventors, is the first one ever identified in a lipedema family.

[0019] Being an inducible gene (Pallai et al., 2010), AKR1C1 expression in the blood can be a marker of the disease. Similarly, urinary and blood plasma or serum metabolites can be used as disease markers and have diagnostic value.

[0020] In another embodiment of the method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to the invention, the mRNA of step (ii) or the enzymatic substrate or product or metabolite of step (iii) is detected in a biological sample, in particular in blood, urine and/or adipose tissue specimens.

[0021] In a preferred embodiment, the enzymatic substrate or product or metabolite of step (iii) is a steroid derivative or a prostaglandin.

[0022] Preferably, the biological sample of step (iii) is screened with an antibody that specifically binds to the AKR1C1 enzymatic substrate or product or metabolite or the biological sample is treated or converted by AKR1C1 enzyme.

[0023] Preferably, the enzymatic substrate or product in step (iii) is selected among 20 α -hydroxysteroid dehydrogenase (20 α -HSD); PGF2 α and its derivatives, in particular by measurement of 15-keto-13,14-dihydro-PGF2 α , the major metabolite of PGF2 α in plasma; or isoprostane 8-iso-Prostaglandin F2a (8-iso-PGF2 α).

[0024] In a preferred embodiment of the method for the diagnosis of lipedema according to the invention, in step (iii) the levels of at least one of the following metabolites 3 α -Hydroxy-5 α -pregnan-20-one, 3 α -Hydroxy-5 β -pregnan-20-one, 3 β -Hydroxy-5 α -pregnan-20-one, 3 β -Hydroxy-5 β -

pregnan-20-one, 5 α -Pregnane-3,20-dione, 5 β -Pregnane-3,20-dione, Pregn-4-ene-3,20-dione, 20 α -Hydroxy-pregn-4-ene-3-one, 5 α -Pregnane-3 α ,20 α -diol, 5 α -Androstan-17 β -ol-3-one, 5 α -androstane-3 α , 17 β -diol, 21-hydroxy-5 α -pregnan-20-one, 3 α ,21-dihydroxy-5 α -pregnan-20-one, Pregnanetriol/17-hydroxypregnanolone, 15-keto-13,14-dihydro-PGF2 α , in particular 8-iso-Prostaglandin F2a progesterone and/or 5 α lpha-dihydrotestosterone is determined in a body fluid.

[0025] In another embodiment of the method for the diagnosis of lipedema according to the invention, in step (iii) the ratio (androstanediol^{1,5} \times 20 β -DH-cortisone)/(20 β -DH-cortisone+[cortisol \times log(estriol)] in a body fluid is determined.

[0026] AKR1C1 is a target of natural and synthetic molecules capable of modulating its activity. Benzodiazepines such as medazepam represent a class of non-competitive inhibitors of AKR1C1. Synthetic derivatives of pyrimidine, phthalimide and anthranilic acid potently inhibited AKR1C1 (Brozic et al., 2009). Compounds provided with a core structure of steroid carboxylate and flavones are instead AKR1C1 competitive inhibitors. Among natural compounds, liquiritin has been discovered as a selective and potent AKR1C1 inhibitor capable of reducing the progesterone metabolism in cells (Zeng et al., 2019).

[0027] Prostanoids, acting via peroxisome proliferator-activated receptor gamma (PPAR γ), a fundamental receptor in fatty acid storage and glucose homeostasis, have been proposed as potent regulators of fat cell differentiation. Indeed, in vitro studies showed that prostaglandin J2 (PGJ2) binds and activates PPAR γ acting as a potent adipogenic hormone; inversely, prostaglandin F(2a) (PGF2 α), which has PPAR γ antagonist properties, is a potent antiadipogenic factor (Quinkler et al., 2006; Volat et al., 2012). Another proof of the involvement of prostaglandins (PG) in the regulation of adipocyte differentiation came from the use of PG analogues as hypotensive agents in the treatment of glaucoma, extensively described in literature reports. Indeed, patients treated with topical therapies based on PG analogues showed periorbital fat changes as an adverse effect. These molecules can directly lead to reduced orbital fat by inhibiting adipogenesis (Taketani et al., 2014). Aldo-keto reductases have been reported as major regulators of white adipose tissue development with antiadipogenic properties supported by PGF2 α synthase activity (Quinkler et al., 2006; Volat et al., 2012). Indeed, PGF2 α can be synthesized from PGD2 and PGE2 by the enzymes AKR1C (1, 2 and 3) (Quinkler et al., 2006; Dozier et al., 2008) and Akr1b7 (Volat et al., 2012). In vitro studies demonstrated that PGD2 enhances adipocyte differentiation while PGE2 and PGF2 α suppress adipogenesis (Miller et al., 1996).

[0028] A further aspect of the invention refers to a method of treating and/or preventing of human lipedema in a subject, the method comprising administering or applying to a subject in need thereof a therapeutically effective amount of a compound of natural or synthetic origin, preferably contained in a food supplement, cream or ointment, suitable for modulating the activity of AKR1C1 or of prostaglandins.

[0029] In one embodiment of the method of treating and/or preventing of human lipedema in a subject according to the invention, the compound is an inhibitor of AKR1C1 or modulates the catalytic activity of the AKR1C1 enzyme, and comprises at least one of the compounds indicated in table 6, in particular benzodiazepines, such as medazepam,

derivatives of pyrimidine, phthalimide and anthranilic acid, competitive inhibitors with a core structure of steroid carboxylate and flavones, and liquiritin. Advantageously, the compound is selected from the group consisting of flavanone, flavone, 3-hydroxyflavone, 5-hydroxyflavone, equulin, diazepam, 20 α -hydroxydihydroprogesterone, coumarin, glycyrhetic acid, 7-hydroxyflavone and 3,7-dihydroxyflavone.

[0030] In another embodiment of the method of treating and/or preventing of human lipedema in a subject according to the invention, the compound is suitable for modulating prostaglandins and comprises at least one of the compounds indicated in table 7.

[0031] Variants of the method of treating and/or preventing of human lipedema in a subject according to the invention foresee, that the step of administering or applying to a subject in need thereof a therapeutically effective amount of a compound of natural or synthetic origin is preceded by a step for the diagnosis of lipedema according to the invention that confirmed the tested person is affected by lipedema. Advantageously, the confirmation of the fact that the tested person is affected by lipedema is obtained by the detection of a biomarker in a body fluid in a concentration exceeding a determined limit value.

[0032] A further aspect of the invention relates to a composition for the treatment of human lipedema, in particular in the form of a food supplement, cream or ointment, comprising an inhibitor of AKR1C1 or a compound that modulates the catalytic activity of the AKR1C1 enzyme or of prostaglandins, in particular at least one of the components indicated in tables 6-10.

[0033] An additional aspect of the invention relates to a food supplement comprising the composition according to the invention. Another aspect of the invention relates to a cream comprising the composition according to the invention.

A final aspect of the invention refers to an ointment comprising the composition according to the invention.

BRIEF DESCRIPTION OF THE DRAWINGS

[0034] FIG. 1 depicts in a molecular simulation the structure of AKR1C1.

[0035] FIG. 2 is a plot relating single amino acids of AKR1C1 to their progesterone binding energy.

[0036] FIG. 3 depicts a detail of the structure of AKR1C1 and binding situations to progesterone.

[0037] FIG. 4 is a plot relating single amino acids of AKR1C1 to their NAPD(H) binding energy.

[0038] FIG. 5 illustrates schematically the role of Leu54 in substrate activity for AKR1C1 and AKR1C2.

[0039] FIG. 6 depicts in a molecular simulation the disrupted interaction between the steroid progesterone and the AKR1C1 enzyme due to the replacement of the same Leu54 by phenylalanine.

[0040] FIG. 7 compares in a molecular simulation the cofactor binding contribution of Asn280 and Gln279.

DETAILED DESCRIPTION OF INVENTION

[0041] Diagnostic methods can comprise the sequencing (through next generation sequencing [NGS] or Sanger technologies) of the AKR1C1 gene, or portions of it, or through whole genome and whole exome approaches for the diagnosis of lipedema. Single nucleotide polymorphism (SNP) analysis is also useful for detecting differences between alleles of AKR1C1 genes that reside within a region of human chromosome 10. Within this region, about 700 known SNPs have been reported to date. A list of known loss-of-function (LoF) SNPs is shown in table 1. In addition, a series of SNPs to have effect on protein function and an association with lipedema selected on the basis of the following criteria are listed in table 2: only missense variants; absent in homozygous state; frequency below 0.1%.

TABLE 1

| AKR1C1 known LoF variants | | | | |
|---------------------------|---------------------|--------------|-------------------------|--------------------|
| Transcript Consequence | Protein Consequence | rsID | VEP Annotation | Allele Frequency % |
| c.84 + 1G > T | | rs748912524 | splice_donor_variant | 0.00039896 |
| c.64C > T | p.Gln22* | rs1430171919 | stop_gained | 0.000475064 |
| c.90 + 2T > G | | rs568245058 | splice_donor_variant | 0.029441491 |
| c.100delG | p.Ala34Leufs*2 | rs763666450 | frameshift_variant | 0.000399131 |
| c.134delG | p.Gly45Alafs*30 | rs1138573 | frameshift_variant | 0.000397874 |
| c.172G > T | p.Glu58* | rs1302342979 | stop_gained | 0.000397772 |
| c.81 - 1G > T | | rs530323152 | splice_acceptor_variant | 0.000397779 |
| c.81 - 1G > A | | rs530323152 | splice_acceptor_variant | 0.003580009 |
| c.81 - 1G > C | | rs530323152 | splice_acceptor_variant | 0.000397779 |
| c.196C > T | p.Arg66* | rs201114964 | stop_gained | 0.013793201 |
| c.252 + 2T > C | | rs775284743 | splice_donor_variant | 0.00122379 |
| c.258G > A | p.Trp86* | rs143557246 | stop_gained | 0.000801366 |
| c.271C > T | p.Arg91* | rs139089923 | stop_gained | 0.001775833 |
| c.286C > T | p.Arg96* | rs143132605 | stop_gained | 0.019841832 |
| c.369 + 2T > C | | rs77080970 | splice_donor_variant | 0.008869274 |
| c.394delG | p.Asp132Metfs*44 | rs1188750311 | frameshift_variant | 0.000600478 |
| c.394_397dupGATG | p.Glu133Glyfs*2 | rs1188750311 | frameshift_variant | 0.000600478 |
| c.403G > T | p.Gly135* | rs763837541 | stop_gained | 0.000574132 |
| c.448 - 1G > A | | | splice_acceptor_variant | 0.000397766 |
| c.514C > T | p.Gln172* | rs1220725793 | stop_gained | 0.000397627 |
| c.570 + 1G > A | | rs770791176 | splice_donor_variant | 0.000795494 |
| c.615G > A | p.Trp205* | rs1272520735 | stop_gained | 0.000416171 |
| c.649dupA | p.Ser217Lysfs*58 | rs370014498 | frameshift_variant | 0.000397864 |
| c.667C > T | p.Arg223* | rs781923069 | stop_gained | 0.000796768 |
| c.680 + 1G > A | | rs142084692 | splice_donor_variant | 0.00850732 |
| c.680 + 1G > C | | rs142084692 | splice_donor_variant | 0.003899188 |

TABLE 1-continued

| AKR1C1 known LoF variants | | | | |
|---------------------------|---------------------|-------------|-------------------------|--------------------|
| Transcript Consequence | Protein Consequence | rsID | VEP Annotation | Allele Frequency % |
| c.680 + 2T > C | | rs757191838 | splice_donor_variant | 0.00079734 |
| c.681 - 1G > A | | rs782472454 | splice_acceptor_variant | 0.000400352 |
| c.681G > A | p.Trp227* | rs782615031 | stop_gained | 0.002134426 |
| c.698delC | p.Pro233Argfs*22 | rs781955346 | frameshift_variant | 0.000712728 |
| c.741delG | p.Lys247Asnfs*8 | rs781870854 | frameshift_variant | 0.001989036 |
| c.748C > T | p.Arg250* | rs782207877 | stop_gained | 0.001988894 |
| c.846 + 1G > A | | rs782167092 | splice_donor_variant | 0.000545756 |
| c.846 + 1G > T | | rs782167092 | splice_donor_variant | 0.003820293 |
| c.910C > T | p.Arg304* | | stop_gained | 0.005656535 |
| c.929 + 1G > A | | rs781944824 | splice_donor_variant | 0.00209389 |
| c.945delT | p.Asn316Ilefs*15 | rs782460823 | frameshift_variant | 0.001235799 |
| c.962delA | p.Asp321Valfs*10 | | frameshift_variant | 0.000818391 |
| c.969T > G | p.Tyr323* | rs201500205 | stop_gained | 0.059779068 |

TABLE 2

| AKR1C1 selected variants | | | | |
|--|------------------------|--------------|------------------|-----------------------|
| Transcript Consequence AKR1C1: NM 001353.6: | Protein Consequence | rsID | VEP Annotation | Allele Frequency % |
| c.160T + G ¹ | p.Leu54Val | rs138675307 | missense_variant | 0.080147155 |
| c.162A + T ¹ | p.Leu54Phe | rs14929564 | missense_variant | 0.080147155 |
| c.911G > T ² | p.(Arg304Leu) | — | missense_variant | |
| c.381A + T ² | p.(Glu127Asp) | — | missense_variant | |
| c.664_665delCAinsAT ² | p.(His221Ile) | — | missense_variant | |
| c.664_665delCAinsTC ² | p.(His222Ser) | — | missense_variant | |
| c.919_920delACinsGT ² | p.(Thr307Val) | — | missense_variant | |
| c.925_926delGAinsCT (p.Asp309Leu) ² | p.(Asp309Leu) | — | missense_variant | |
| c.914A > T ² | p.(Tyr305Phe) | — | missense_variant | |
| c.638T > A ³ | p.Leu213Gln | rs372782197 | missense_variant | 0.011188627 |
| c.22G > C | p.Val8Leu | rs752938448 | missense_variant | 0.000397735 |
| c.22G > T | p.Val8Leu | rs752938448 | missense_variant | 0.000397735 |
| c.32A > G | p.Asn11Ser | rs1446558895 | missense_variant | 0.000397772 |
| c.5G > A* | p.Gly2Glu | rs1405103238 | missense_variant | 0.000475638 |
| c.82A > G* | p.Met28Val | rs1187727403 | missense_variant | 0.003225598 |
| c.97A > G | p.Lys33Glu | rs1177376359 | missense_variant | 0.000399109 |
| c.104T > C | p.Leu35Ser | rs1174379434 | missense_variant | 0.000397988 |
| c.139C > A | p.Arg47Ser | rs748193660 | missense_variant | 0.000397791 |
| c.163T > C | p.Tyr55His | rs1564314801 | missense_variant | 0.000397725 |
| c.168T > A | p.Asn56Lys | | missense_variant | 0.000397747 |
| c.184G > A | p.Gly62Arg | rs1274415938 | missense_variant | 0.000397829 |
| c.272G > T | p.Arg91Leu | rs375752583 | missense_variant | 0.000399304 |
| c.274C > A | p.Pro92Thr | rs763383627 | missense_variant | 0.000399081 |
| c.290C > G | p.Pro97Arg | rs756379873 | missense_variant | 0.000398594 |
| c.298G > C | p.Glu100Gln | rs1564315232 | missense_variant | 0.000398318 |
| c.338T > C | p.Leu113Pro | rs1344076147 | missense_variant | 0.000398362 |
| c.355C > A | p.Pro119Thr | rs752532298 | missense_variant | 0.000398314 |
| c.392A > T | p.Cys31Ile | rs369662093 | missense_variant | 0.000602736 |
| c.394G > T | p.Asp132Tyr | rs1364894460 | missense_variant | 0.000601214 |
| c.566A > G | p.Asn189Ser | rs771829414 | missense_variant | 0.00039769 |
| c.584A > G* | p.Asp195Gly | rs1407820595 | missense_variant | 0.000417011 |
| c.607C > A* | p.Pro203Thr | rs962503713 | missense_variant | 0.000415866 |
| c.607C > G* | p.Pro203Ala | rs962503713 | missense_variant | 0.000415866 |
| c.575A > C | p.Glu192Ala | rs1564317029 | missense_variant | 0.000399683 |
| c.616T > G | p.Cys206Gly | rs782505662 | missense_variant | 0.00039807 |
| c.698C > T | p.Pro233Leu | rs370027719 | missense_variant | 0.000401068 |
| c.715C > A | p.Pro239Thr | rs1554769975 | missense_variant | 0.000398889 |
| c.755C > G | p.Pro252Arg | rs1303247012 | missense_variant | 0.00039776 |
| c.764T > C | p.Ile255Thr | rs1554770000 | missense_variant | 0.000397782 |
| c.773G > T | p.Arg258Eeu | rs138128200 | missense_variant | 0.000397807 |
| c.787C > G | p.Arg263Gly | rs782766545 | missense_variant | 0.000397842 |

TABLE 2-continued

| AKR1C1 selected variants | | | | |
|--|------------------------|--------------|------------------|-----------------------|
| Transcript Consequence AKR1C1: NM 001353.6: | Protein Consequence | rsID | VEP Annotation | Allele Frequency % |
| c.788G > C | p.Arg263Pro | rs535110977 | missense_variant | 0.000397905 |
| c.788G > T | p.Arg263Leu | rs535110977 | missense_variant | 0.003183091 |
| c.797T > C | p.Val266Ala | rs1554770013 | missense_variant | 0.003184105 |
| c.962A > G | p.Asp321Gly | rs1185288451 | missense_variant | 0.000408243 |

*Further studies showed that these variants do not find a unique match between the nucleotide sequence and the amino acid sequence among all the queried databases.
The above variants are, if not stated otherwise, extracted from the following database: https://gnomad.broadinstitute.org/gene/ENSG00000187134?dataset=gnomad_r2_1 identified in lipedema patients.

²These variants have been created in a mutagenesis experiment described by Couture et al.

³The enzyme activity parameters described by Couture et al. were used to calculate those of the first variant identified by Michelini et al. in a family with lipedema, p.(Leu213Gln).

[0042] The complete sequence of the AKR1C1 gene is well known and documented in literature. The following links take to a database that discloses details about the gene and the whole sequence: https://www.ensembl.org/Homo_sapiens/Gene/Summary?db=core;g=ENSG00000187134;r=10:4963253-4983283 https://www.ensembl.org/Homo_sapiens/Transcript/Exons?db=core;g=ENSG00000187134;r=10:4963253-4983283;t=ENST00000380872 The sequence listing reports the complete sequence of the AKR1C1 gene (*Homo sapiens*) as SEQ ID NO 1, the corresponding coding sequence (cDNA) as SEQ ID NO 2 and two isoform corresponding proteins as SEQ ID NO 3 and SEQ ID NO 4. The DNA and corresponding protein sequence of the variant c.928A>C (p.(Ile310Leu)) are depicted as SEQ ID NO 5 and SEQ ID NO 6, respectively.

[0043] Further details regarding the identification of missense AKR1C1 variants in lipedema patients, sequencing, molecular modelling etc. are described in Michelini S, Chiurazzi P, Marino V, Dell'Orco D, Manara E, Baglivo M, Fiorentino A, Maltese P E, Pinelli M, Herbst K L, Dautaj A, Bertelli M., Aldo-Keto Reductase 1C1 (AKR1C1) as the First Mutated Gene in a Family with Nonsyndromic Primary Lipedema. *Int J Mol Sci.* 2020 Aug; 21(17):6264. doi: 10.3390/ijms21176264. PMID: 32872468; PMCID: PMC7503355.

[0044] From structural analysis and molecular dynamics it was found that (FIG. 1): Human AKR1C1 three-dimensional structure shows an ($\alpha\beta$)8-barrel motif. Two more β -sheets B1 (7-9), B2 (15-17), and two more α -helices, H1(239-248) and H2 (290-298), not taking part in the core barrel structure. Three large loops complete the structure: loop A is located at 117-143, loop B is located at 217-238, and loop C is located at 299-322.

[0045] The NADP(H)-binding residues are highly conserved and include Thr23, Asp50, Ser166, Asn167, Gln190, Tyr216, Leu219, Ser221, Arg270, Ser271, Phe272, Arg276, Glu279 and Asn280, which contribute toward the binding affinity and specificity of the cofactor (see FIG. 1). Residues involved in substrate binding are: Tyr24, Leu54, Phe118, Phe129, Thr226, Trp227, Asn306 and Tyr310, while those involved in catalysis are: Asp50, Tyr55, Lys84 and His117 (see FIG. 1).

[0046] To describe the interaction of the enzyme with cofactor and substrate in energetic terms, thus to furnish an energy landscape of binding, molecular dynamics simulations were run on the AKR1C1/steroid/NADP(H) ternary

complex, and binding energy was calculated as well by use of the MMPBSA (Genheden and Ryde, 2015) method and GROMACS molecular dynamics software (Abraham et al., 2015). The overall energies of binding for the two are (Table 3):

TABLE 3

| | | |
|---------------|---------------|-----------------|
| Steroid (STR) | -115.4 kJ/mol | +/- 10.6 kJ/mol |
| NADP(H) (NPD) | -337.6 kJ/mol | +/- 53.9 kJ/mol |

[0047] The MMPBSA method also allowed for quantification of the contribution to binding of each amino acid, allowing the impact of an amino acidic missense substitution to be evaluated as follows (see also Table 4). MMPBSA profile of STR binding shows three amino acids account for 50% of the binding energy: Tyr24, Leu54, and Trp227; another significant contribution is given by Asp50, Tyr55, Trp86, Val128, Ile129, Leu306, showing an overall hydrophobic nature of the binding (see FIGS. 2 and 3).

[0048] MMPBSA profile of NADP(H) binding is dominated by charge pairs giving prominent repulsion/attraction peaks between charged amino acids of the protein and the phosphate groups of the cofactor. The four most prominent negative binding energy peaks derive from Lys33, His222+ Arg223, Lys270, Arg276, all neighboring the phosphate group on the 2' position of the ribose ring that carries the adenine moiety (see FIG. 4). Such evidence accounts for the significant difference in affinity for NADP(H) vs NAD(H) cofactors in binding AKR enzymes, with the former showing a mid-nanomolar value (100 nM) whereas the latter binds with mid-micromolar affinity (200 mM).

[0049] Multiple alignments of protein sequences produce a matrix of aminoacids; by elaborating the columns as vectors, entropy of aminoacidic positions can be calculated according to Shannon, describing the amount of variability through a column in the alignment. The lower the value, the lower the variability accepted by the position. The inventors aligned 120 sequences from the AKR1C family to derive Shannon entropy (Strait & Dewey, 1996) of each position; values for each missense mutation from Table 2 (AKR1C1 selected variants) are reported in Table 4.

[0050] In silico mutagenesis of AKR1C1 and molecular dynamics simulations, entropy evaluation, binding energy for cofactor and for substrate allowed for the determination of the structural impact of variants, thus the structural consequence prediction on AKR1C1 that are conducive of

loss function for many of the selected mutations in Table 2. Mutations are reported alongside their predicted effect in Table 4.

ity have been studied with structural biology, and molecular dynamics approach to evaluate their involvement in lipedema development.

TABLE 4

| Transcript Consequence AKR1C1: NM_001353.6: | Protein Consequence | Shannon Entropy (natural value/normalized value to 4.32 max) | Interaction with substrate | Interaction with cofactor | Predicted structural consequence |
|--|------------------------|---|----------------------------------|---------------------------------|--|
| c.160T > G | p.(Leu54Val)* | 2.11/0.49 | • | | Known to acquire the function of AKR1C2 ² |
| c.162A > T | p.(Leu54Phe)* | 2.11/0.49 | • | | Disruption of substrate binding |
| c.911G > T ¹ | p.(Arg304Leu) | 0.61/0.14 | | | Disruption of folding |
| c.381A > T ¹ | p.(Glu127Asp) | 1.72/0.40 | | | — |
| c.664_665delCAinsAT ¹ | p.(His222Ile) | 1.78/0.41 | • | | Disruption of cofactor binding |
| c.664_665delCAinsTC ¹ | p.(His222Ser) | 1.78/0.41 | • | | Disruption of cofactor binding |
| c.919_920delACinsGT ¹ | p.(Thr307Val) | 3.21 /0.74 | | | — |
| c.925_926delGAinsCT (p.Asp309Leu) ¹ | p.(Asp309Leu) | 2.95/0.68 | | | — |
| c.914A > T ¹ | p.(Tyr305Phe) | 0.19/0.04 | | | — |
| c.638T > A ² | p.(Leu213Gln)* | 0.26/0.06 | | | Disruption of folding |
| c.22G > C | p.(Val8Leu) | 1.07/0.25 | | | — |
| c.22G > T | p.(Val8Leu) | 1.07/0.25 | | | — |
| c.32A > G | p.(Asn111Ser) | 0.47/0.11 | | | — |
| c.97A > G | p.(Lys33Glu) | 1.95/0.45 | • | | Disruption of cofactor binding |
| c.104T > C | p.(Leu35Ser) | 2.98/0.69 | | | — |
| c.139C > A | p.(Arg47Ser) | 0.51/0.12 | | | Disruption of folding |
| c.163T > C | p.(Tyr55His) | 0/0 | • | | Disruption of catalysis |
| c.168T > A | p.(Asn56Lys) | 1.88/0.44 | | | — |
| c.184G > A | p.(Gly62Arg) | 0/0 | | | Disruption of folding |
| c.272G > T | p.(Arg91Leu) | 1.17/0.27 | | | Disruption of folding |
| c.274C > A | p.(Pro92Thr) | 0.33/0.08 | | | Disruption of folding |
| c.290C > G | p.(Pro97Arg) | 1.39/0.32 | | | Disruption of folding |
| c.298G > C | p.(Glu100Gln) | 0.14/0.03 | | | — |
| c.338T > C | p.(Leu113Pro) | 0/0 | | | Disruption of folding |
| c.355C > A | p.(Pro119Thr) | 0/0 | | | Disruption of folding |
| c.392A > T | p.(Lys131Ile) | 2.16/0.5 | | | — |
| c.394G > T | p.(Asp132Tyr) | 0.73/0.17 | | | — |
| c.566A > G | p.(Asn189Ser) | 0.14/0.03 | | | Disruption of folding |
| c.575A > C | p.(Glu192Ala) | 0/0 | | | Disruption of folding |
| c.616T > G | p.(Cys206Gly) | 0/0 | | | Disruption of folding |
| c.698C > T | p.(Pro233Leu) | 0.07/0.016 | | | Disruption of folding |
| c.715C > A | p.(Pro239Thr) | 0.12/0.03 | | | Disruption of folding |
| c.755C > G | p.(Pro252Arg) | 0.43/0.10 | | | Disruption of folding |
| c.764T > C | p.(Ile255Thr) | 0.97/0.22 | | | Disruption of folding |
| c.773G > T | p.(Arg258Leu) | 0.07/0.016 | | | Disruption of folding |
| c.787C > G | p.(Arg263Gly) | 0.24/0.06 | | | Disruption of folding |
| c.788G > C | p.(Arg263Pro) | 0.24/0.06 | | | Disruption of folding |
| c.788G > T | p.(Arg263Leu) | 0.24/0.06 | | | Disruption of folding |
| c.797T > C | p.(Val266Ala) | 0.12/0.03 | | | Disruption of folding |
| c.962A > G | p.(Asp321Gly) | 1/0.23 | | | — |
| c.840C > A | p.(Asn280Lys)* | 0.21/0.05 | • | | Disruption of cofactor binding |
| c.327T > A | p.(Asp109Glu)* | 0.38/0.09 | | | — |
| c.928A > C ³ | p.(Ile310Leu)* | 2.93/0.68 | | | — |

Legend.

*Variants found in lipedema families are marked with an asterisk and a detailed description of structural consequences is reported below;

¹references: (Penning et al., 2019; Hara et al., 1996; Matsuura et al., 1997).

The above variants are, if not stated otherwise, extracted from the following database: https://gnomad.broadinstitute.org/gene/ENSG00000187134?dataset=gnomad_r2_1

²These variants have been created in a mutagenesis experiment described by Couture et al.

²The enzyme activity parameters described by Couture et al. were used to calculate those of the first variant identified by Michelini et al. in a family with lipedema, p.(Leu213Gln).

³This variant is not described in the above database, the respective DNA and protein sequences are reflected by SEQ ID NO 5 and 6, respectively.

[0051] In the following the Applicant reports a detailed descriptions of structural consequences of variants found in lipedema families.

[0052] In the inventors' patients, six missense mutations were found, namely Leu54Val, Leu54Phe, Asp109Glu, Asn280Lys, Ile310Leu and Leu213Gln. The effects of such mutations on enzyme folding, stability, and biological activ-

[0053] Starting with Leu54Val and Leu54Phe, the role of Leu54 in substrate selectivity has been already elucidated (Penning et al., 2019; Hara et al., 1996; Matsuura et al., 1997), and can be summarized as follows (see also FIG. 5). Human AKR1C1 and AKR1C2 differ in that AKR1C1 exhibits 20 α -HSD activity, whereas AKR1C2 exhibits 3 α -HSD. The two enzymes differ for seven amino acids, and only one is located at the active site at position 54: leucine

for C1 and valine for C2. The replacement of Leu54 by the less bulky valine changes the 20 α activity to 3 α . Consistently, the reverse mutation Val54Leu converts the 3 α -HSD into 20 α -HSD regarding its activity (Zhang et al., 2014). Evidence that enzymes work in the reduction direction in mammalian cells (Byrns et al., 2010; Byrns et al., 2012; Rizner et al., 2003; Rizner et al., 2006) lead the Leu54Val mutation to hamper the processing of progesterone.

[0054] Similarly, the interaction between the steroid and the enzyme is disrupted by the replacement of the same Leu54 by phenylalanine, as shown by the molecular dynamics simulation. In the wildtype, Leu54 and Trp227 play a significant role in binding the steroid by interacting with opposite faces of the polycyclic ring of the ligand and contribute as much as 33% of the overall binding energy. Mutation of Leu54 to Phe, although enhancing the hydrophobic nature of the interaction, introduce a second large, aromatic sidechain in place hampering the ligand entrance in the site and conducive of binding disruption (see FIGS. 6 (a) and (b)). Indeed, from the molecular dynamics simulations, we noticed that the steroid was unstable, and phenylalanine was pushed back.

[0055] Interestingly, phenylalanine is present at position 54 in the wildtype, non-human AKR1C8P, but here the steric hindrance with the opposite amino acid 227 is compensated by the presence of the smaller asparagine. At the same time, the cumbersome tryptophan is ‘shifted’ to position 228. Nonetheless, 1C8 preserve the same 20 α -HSD activity of 1C1. As previously mentioned, this may indicate coevolution between positions 54 and 227.

[0056] Referring now to Asn280Lys, it can be said that asparagine 280 takes part in cofactor binding; together with Gln279 it is responsible for adenine group binding through a hydrogen bond to the amine group (see FIG. 7). The molecular simulation showed how Asn is the stronger binder of the two. Such finding is also confirmed by the molecular mechanics’ energy contributions to the cofactor binding resulting from MMPBSA, showing 6-fold higher interaction energy for Asn280 with respect to Gln279 (17 kJ/mol vs. 3 kJ/mol).

[0057] Although such variant involved the replacement of a small side chain with a bulky one, molecular modelling showed how hydrophobic moiety of lysine can be easily accommodated by displacement of water molecules. MD simulation confirmed a small effect is exerted on the protein structure, while the missing H-bond acceptor capability of Lys led to the loss of interaction with the adenine ring, resulting in the aromatic ring flipping away from its position, also because of the attraction of Lys280 to the phosphate group. The optimal binding geometry is then disrupted rather than folding.

[0058] On the other hand, Asp109Glu is a small structural change. Furthermore, the conservation at this position is very high, with a relatively low amino acid entropy.

[0059] Finally, Ile310Leu is a small structural change since Leu and Ile are isoforms. Furthermore, amino acid entropy is large, implying that position 310 is not conserved throughout evolution.

[0060] AKR1C1 is a member of the AKR1C family of enzymes that share a high percentage of amino acid sequence identity (from 84 to 98%). This family catalyzes NADPH dependent oxydoreductions either for the biosynthesis or inactivation of steroid hormones, bile acids and neurosteroids. All AKR1C enzyme catalyze a sequential

ordered Bi—Bi substrate enzyme reaction. In particular, AKR1C1 is involved in the “alternative pathway” of androgen biosynthesis inactivating the most potent androgen 5 α -dihydrotestosterone (5 α -DHT) to 5 α -androstan-3 β ,17 β -diol, a potent agonist of ERbeta which exerts anti-proliferative effect. Androgens play an important role in regulation of body fat distribution in humans. They exert direct effects on adipocyte differentiation in a depot-specific manner, via the androgen receptor (AR), leading to modulation of adipocyte size and fat compartment expansion. AKR1C1 can also regulate the cellular concentration of allopregnanolone by preventing its formation from progesterone and by catalyzing its inactivation. Indeed, AKR1C1 catalyzes progesterone reaction to form the less potent progesterogen 20 α -hydroxy-4-pregn-3-one, reduce 5 α -pregnane-3,20-dione (5 α -DHP) to form 20 α -hydroxy-5 α -pregnan-3-one or 3 α -hydroxy-5 α -pregnan-20-one (allopregnanolone) to a less neuroactive 5 α -pregnane-3 α ,20 α -diol. AKR1C1 therefore is involved in the inactivation of allopregnanolone, that acts in the central nervous system as positive allosteric modulator of gamma aminobutyric acid receptor A (GABAA). As other enzyme of the family can reduce also 20 α -hydroxy-5 α -pregnan-3-one to 5 α -pregnane-3 α ,20 α -diol. Progesterone has lipogenic action on adipose tissue by upregulating adipocyte determination and differentiation through 1/sterol regulatory element-binding protein 1c (ADD1/SREBP1c) expression in primary cultured preadipocyte from rat parametrial adipose tissue (Lacasa et al., 2001). ADD1/SREBP1c promotes adipocyte differentiation and gene expression linked to fatty acid metabolism (Kim and Spiegelman, 1996). The levels of progesterone and 5 α -dihydrotestosterone can be detected in body fluids. Levels of progesterone ranges during normal menstrual cycles from 0 ng/ml (follicular phase) to 28 ng/ml (central luteal phase), values range from 11 to 422 ng/ml during pregnancy, while in post menopause or in males, levels of progesterone are less than 1.2 ng/ml. Levels of 5 α -DHT range from 250-990 pg/ml in males, from 24-368 in pre menopause females and from 10-181 in post menopause females.

[0061] A recent study revealed that the best combination to diagnose polycystic ovary syndrome (PCOS), including up to four steroids, was a ratio comprising androstanediol, estriol, 20 β DHCortisone and cortisol accordingly to the following formula: (androstanediol $^{1.5} \times 20\beta$ -DH-cortisone)/(20 β -DH-cortisone+[cortisol \log (estriol)]). This ratio was significantly increased in PCOS compared to controls at a threshold value of ≥ 435 (Dhayat et al., 2018). Considering the activity of the AKR1C1 enzyme, this ratio reasonably has diagnostic value in lipedema.

[0062] AKR1C1 is also involved in catalyzing the synthesis of prostaglandins in humans (Dozier et al., 2008). It has been shown that prostaglandin 2 alpha (PGF2 α) inhibited adipogenesis by activating at its specific receptor on preadipocytes (Lepak and Serrero, 1995; Taketani et al., 2014). In mice, a decrease in intra-adipose tissue PGF2 α levels following Akr1b7 ablation leads to increased adiposity, a phenotype that is reversed by the chronic administration of Cloprostenol, a PGF2 α agonist (Volat el al., 2012). PGF2 α and its derivatives can therefore be used as molecular diagnostic/prognostic markers and therapeutic agents also in lipedema. PGF2 α can be reliably quantified by measurement of 15-keto-13,14-dihydro-PGF2 α , the major metabolite of

PGF2 α in plasma (Helmersson et al., 2005). The isoprostane 8-iso-Prostaglandin F2 α (8-iso-PGF2 α), a prostaglandin-like molecule, is a quantitative ROS biomarker used to measure oxidative stress in vivo which correlates positively with BMI, intra-abdominal fat and waist circumference

(Milne et al., 2015; Jia et al., 2019). Both molecules can be easily quantified in different body fluids such as plasma, serum or urine.

[0063] A list of AKR1C1 metabolites for use in diagnostics is reported in table 5.

TABLE 5

| AKR1C1 metabolites for use in diagnostics | |
|---|---|
| Molecule | Common name |
| 3 α -Hvdroxy-5 α -pregnan-20-one | Allo pregnanolone (allo) |
| 3 α -Hydroxy-5 β -pregnan-20-one | Pregnanolone (preg) |
| 3 β -Hvdroxy-5 α -pregnan-20-one | Isopregnanolone (iso) |
| 3 β -Hydroxy-5 β -pregnan-20-one | Epi pregnanolone (epi) |
| 5 α -Pregnane-3,20-dione | 5 α -Dihydroprogesterone (5 α -DHP) |
| 5 β -Pregnane-3,20-dione | 5 β -Dihydroprogesterone (5 β -DHP) |
| Pregn-4-ene-3,20-dione | Progesterone (P) |
| 20 α -Hydroxy-pregn-4-ene-3-one | 20 α -dihydroprogesterone (20 α -OHP) |
| 5 α -Pregnane-3 α ,20 α -diol | Allo pregnanediol |
| 5 β -Pregnane-3 α ,20 α -diol | Pregnadiol |
| 5 α -Androstan-17 β -ol-3-one | 5 α -Dihydrotestosterone (5 α -DHT) |
| 5 α -androstane-3 α ,17 β -diol | 3 α -Androstanediol (3 α -Adiol) |
| 21-hydroxy-5 α -pregnan-20-one | 5 α -Dihydrodeoxycorticosterone (5 α DHDOC) |
| 3 α ,21-dihydroxy-5 α -pregnan-20-one | 3 α ,5 α -Tetrahydrodeoxycorticosterone |
| Pregnanetriol/17-hydroxypregnanolone | (alloTHDOC) (P3)/(17HP) |
| 15-keto-13,14-dihydro-PGF2 α | PGFM |
| 8-iso-Prostaglandin F2 α | 8-iso-PGF2 α |

[0064] In the literature, a number of natural and synthetic compounds are known to exert a modulatory action on the key human progesterone-metabolizing enzyme, AKR1C.

[0065] A list of compounds for treatments for lipedema comprising the use of natural molecules or chemicals that modulate the catalytic activity of the AKR1C1 enzyme are shown in table 6.

TABLE 6

| Natural and synthetic compounds that modulate AKR1C1 | | |
|--|---|--|
| Compound | Main sources | Enzyme activity (inhibition/activation) |
| 2,3-dimethoxynaphthalene-1,4-dione (DMNQ) | Synthetic | activation |
| 20 α -hydroxyhydrogesterone | Synthetic | inhibition |
| 3,5-dichlorosalicylic acid | Synthetic | inhibition |
| 3,5-diiodosalicylic acid | Synthetic | inhibition |
| 3,7-dihydroxyflavone | Synthetic | inhibition |
| 3-bromo-5-phenylsalicylic acid | Synthetic | inhibition |
| 3-Hydroxy flavone | Synthetic | inhibition |
| 5-Hydroxy flavone | Synthetic | inhibition |
| 5,7-Dihydroxyflavone | <i>Passiflora coerulea</i> | inhibition |
| 5-Methoxy flavone | Synthetic | inhibition |
| 7-Hydroxy flavone | Synthetic | inhibition |
| Abietic acid | Pine wood | inhibition |
| AKR1C1 Inhibitor, 5-PBSA | Synthetic | inhibition |
| AKR1C1-IN-1 | Synthetic | inhibition |
| Apigenin | Snapdragon, chamomile | inhibition |
| Benzodiazepines (diazepam, medazepam, estazolam, flunitrazepam, nitrazepam, cloxazolam, bromazepam, oxazepam and oxazepam) | Synthetic | inhibition |
| Biochanin A | Red clover, soy, alfalfa sprouts, peanuts, chickpea (<i>Cicer arietinum</i>) and in other legumes | inhibition |
| Chrysin | Scutellaria baicalensis | inhibition |
| Coumarin | Woodruff, vanilla, lavender oil, tonka bean, minor constituent in cherries, strawberries, apricots | inhibition |
| Coumestrol | Soybeans, brussels sprouts, spinach and a variety of legumes, clover, Kala Chana, Alfalfa sprouts | inhibition |

TABLE 6-continued

| Natural and synthetic compounds that modulate AKR1C1 | | |
|--|--|--|
| Compound | Main sources | Enzyme activity (inhibition/activation) |
| Cyclopentanone | Synthetic | inhibition |
| Curcumin | <i>Curcuma longa</i> | Unknown |
| Daidzein | Soybeans, beer | inhibition |
| Diethylstilbestrol | Synthetic | inhibition |
| Dydrogesterone | Synthetic | inhibition |
| Equulin | Horse estrogen; estrogen replacement therapy | inhibition |
| Ethacrynic acid | Synthetic | activation |
| Flavanone | yellow/red fruits, vegetables | inhibition |
| Flavone | yellow/red fruits, vegetables | inhibition |
| Genistein | Soybeans, beer | inhibition |
| Glycyrrhetic acid | Licorice | inhibition |
| Hydrogen peroxide | Synthetic | activation |
| Kaempferol | Tea, grapes, berries and cruciferous vegetables | inhibition |
| Liquiritin | Licorice | inhibition |
| Luteolin | Parsley, artichoke, basil, celery | inhibition |
| Mangosteen extract | Mangosteen | inhibition |
| Medroxyprogesterone acetate | Synthetic | inhibition |
| Methyl jasmonate | Derived from jasmonic acid as found in many plants | inhibition |
| Naringenin | Grapefruit | inhibition |
| Nonsteroidal Anti-Inflammatory Drugs (mefenamic acid, indomethacin, celecoxib, diclofenac, naproxen, ibuprofen, ketoprofen, paracetamol, acetylsalicylic acid, etodolac, 3-phenoxylbenzoic acid, sulindac, meclofenamic acid, zomepirac, Norethindrone | Synthetic | inhibition |
| Quercetin | Chamomile, red onions, apples, tea, endive | inhibition |
| Resveratrol | Skins of certain red, grapes, in peanuts, blueberries, pines, roots and stalks of knotweed | inhibition |
| Steroidal Inhibitors (medroxyprogesterone acetate, betamethasone, steroidal lactones, cholanic acid derivatives | Synthetic | inhibition |
| t-butylhydroquinone | Synthetic | activation |
| Tamoxifen | Synthetic | inhibition |
| Wagonin | <i>Scutellaria baicalensis</i> | inhibition |
| Zearalenone | Mold-infected grain and feeds | inhibition |

[0066] PGE2 and PGF2 α and its analogue (viprostol, latanoprost, isopropyl unoprostone, bimatoprost) can exhibit antiadipogenic properties. Some active constituents from Chinese herbs as ricinoleic acid, acteoside, amentoflavone, quercetin-3-O-rutinoside and hinokiflavone were predicted to be prostaglandin D2 synthase (PTGDS) inhibitors (Fong et al., 2015). Inversely, other natural supplements such as

chlorella and green tea are proposed to decrease PGE2 and PGF2 α levels (Koeberle et al., 2009; Haidari et al., 2018).

[0067] A list of compounds for treatments of lipedema comprising the use of natural molecules or chemicals that modulate prostaglandins are shown in table 7.

TABLE 7

| Natural and synthetic compounds that modulate prostaglandins | | |
|--|-------------------------------|--|
| Compound | Main sources | Activity |
| Acteoside | <i>Rehmannia glutinosa</i> | PTGDS inhibitors |
| Amentoflavone | <i>Biota orientalis</i> | PTGDS inhibitors |
| Chlorella | Chlorella | decrease PGE2 and PGF2 α levels |
| Green tea | Green tea | decrease PGE2 levels |
| Hinokiflavone | <i>Platycladus orientalis</i> | PTGDS inhibitors |
| Quercetin-3-O-rutinoside | <i>Platycladus orientalis</i> | PTGDS inhibitors |
| Ricinoleic acid | <i>Ricinus communis</i> | PTGDS inhibitors |
| Sennosides | <i>Cassia</i> species | increase PGE2 formation |
| Viprostol, latanoprost, isopropyl unoprostone, bimatoprost | Synthetic | PGF2 α analogues |

[0068] Natural and synthetic compounds that modulate AKR1C1 and listed in Table 6 were submitted to molecular docking procedure by using Autodock Vina 1.2 with the following parameters: AKR1C1 and NADPH coordinate from PDB entry 1MRQ; amino acids Tyr24, Leu54 and Trp227 set as flexible sidechain; docking box set centered at x=4.29 y=33.9 z=17.06 with size x=17.39 y=11.16 z=12.67, vina scoring function. Results are reported as binding affinity in Kcal/mol (the lowest, the better) in Table 8. Taking 2 Kcal/mol as the common threshold for binding energy significance, we have 11 top compounds (in bold); significantly 6 out of 11 are simple flavones/flavonones (in bold and italics). The double stacking interaction of B ring with Tyr24 phenol and Trp227 indole rings is the driving force of the interaction.

TABLE 8

| Docking analysis of natural and synthetic compounds that modulate AKR1C1 | |
|--|-----------------------------|
| Compound | Binding affinity (Kcal/mol) |
| <i>Flavanone</i> | -17.45 |
| <i>Flavone</i> | -17.25 |
| <i>3-Hydroxyflavone</i> | -16.12 |
| <i>5-Hydroxyflavone</i> | -16.09 |
| Equilin | -15.84 |
| Diazepam | -15.70 |
| 20α-Hydroxyhydrogestrone | -15.69 |
| Coumarin | -15.58 |
| Glycyrrhetic Acid | -15.57 |
| <i>7-Hydroxyflavone</i> | -15.54 |
| <i>3,7-Dihydroxyflavone</i> | -15.48 |
| Coumestrol | -15.20 |
| Apigenin | -15.16 |
| Flurbiprofen | -15.06 |
| Abietic Acid | -15.04 |
| Mefenamic Acid | -15.03 |
| Beta-Mangostin | -15.00 |
| Cholanic Acid | -14.98 |
| Alpha-Mangostin | -14.96 |
| 5,7-Dihydroxyflavone | -14.94 |
| Naringenin | -14.93 |
| Ketoprofen | -14.91 |
| Naproxen | -14.70 |
| Luteolin | -14.70 |
| Quercetin | -14.65 |
| Gamma-Mangostin | -14.62 |
| Norethindrone | -14.60 |
| Betamethasone | -14.51 |
| Biochanin A | -14.43 |
| Oxazolam | -14.42 |
| Medazepam | -14.42 |
| 3-Bromo,5-Phenylsalicylic Acid | -14.32 |
| 5-Pbsa | -14.32 |
| Genistein | -14.28 |
| Liquiritin | -14.18 |
| Meclofenamic Acid | -14.17 |
| Sulindac | -14.09 |
| 5-Methoxyflavone | -14.06 |
| Zearalenone | -13.98 |
| Nitrazepam | -13.96 |
| Estazolam | -13.85 |
| Kaempferol | -13.85 |
| Spironolactone | -13.75 |
| Wagonin | -13.74 |
| Bromazepam | -13.73 |
| Indomethacin | -13.71 |
| Daidzein | -13.68 |
| Oxazepam | -13.66 |
| Paracetamol | -13.66 |
| Resveratrol | -13.50 |

TABLE 8-continued

| Docking analysis of natural and synthetic compounds that modulate AKR1C1 | |
|--|-----------------------------|
| Compound | Binding affinity (Kcal/mol) |
| Medroxyprogesterone Acetate | -13.46 |
| 2,3-Dimethoxynaphthalene-1,4-Dione | -13.43 |
| Clozazolam | -13.40 |
| Medroxyprogesterone Acetate | -13.33 |
| Diethylstibestrol | -13.31 |
| Ibuprofen | -13.23 |
| Cyclopentanone | -13.20 |
| Zomepirac | -13.03 |
| 3,5-Dichlorosalicylic Acid | -12.97 |
| Flunitrazepam | -12.93 |
| Tamoxifen | -12.89 |
| Hydroxytyrosol | -12.75 |
| T-Butylhydroquinone | -12.60 |
| Cureumin | -12.52 |
| Ethacrynic Acid | -12.37 |
| Methyl Jasmonate | -11.84 |
| 3,5-Diiodosalicylic Acid | -11.76 |

[0069] The analysis has been repeated for AKR1C1 mutant Leu54Val by using the same parameters (Table 9). Such mutation is known to convert enzymatic activity of AKR1C1 into that of AKR1C2, which might eliminate androgen inhibitory effects on adipogenesis favouring progression of adipogenesis (Kiani et al., 2021), thus selective targeting of such mutation would modulate its possible effect on fat deposition. Again, flavones are among the favorites, but with lower affinity and competing with natural steroids like equilin or with large pentacyclic molecules glycyrrhetic acid; this is due to the lower steric hindrance of valine vs. leucine resulting in less selective active site.

TABLE 9

| Docking analysis of natural and synthetic compounds interacting with AKR1C1 mutant Leu54Val | |
|---|-----------------------------|
| Compound | Binding affinity (Kcal/mol) |
| Glycyrrhetic Acid | -14.41 |
| Equilin | -14.22 |
| Flavone | -14.18 |
| Flavanone | -14.11 |
| <i>3-Hydroxyflavone</i> | -14.10 |
| Abietic Acid | -13.91 |
| Coumestrol | -13.63 |
| Nitrazepam | -13.59 |
| Betamethasone | -13.52 |
| <i>5-Hydroxyflavone</i> | -13.49 |
| 20α-Hydroxyhydrogestrone | -13.46 |
| Diazepam | -13.42 |
| Cholanic Acid | -13.41 |
| Alpha-Mangostin | -13.41 |
| Gamma-Mangostin | -13.38 |
| Beta-Mangostin | -13.34 |
| Estazolam | -13.29 |
| Genistein | -13.24 |
| Sulindac | -13.08 |
| 5-Pbsa | -13.04 |
| 3-Bromo-5-Phenylsalicylic Acid | -13.04 |
| <i>3,7-Dihydroxyflavone</i> | -13.00 |
| Oxazepam | -12.93 |
| Norethindrone | -12.84 |
| <i>7-Hydroxyflavone</i> | -12.84 |
| Naringenin | -12.84 |
| Daidzein | -12.80 |

TABLE 9-continued

| Docking analysis of natural and synthetic compounds interacting with AKR1C1 mutant Leu54Val | |
|---|-----------------------------|
| Compound | Binding affinity (Kcal/mol) |
| 5-Methoxyflavone | -12.72 |
| 5,7-Dihydroxyflavone | -12.62 |
| Flunitrazepam | -12.61 |
| Bromazepam | -12.59 |
| Celecoxib | -12.59 |
| Zomepirac | -12.58 |
| Apigenin | -12.57 |
| Luteolin | -12.56 |
| Kaempferol | -12.51 |
| Quercetin | -12.47 |
| Medroxyprogesterone-Acetate | -12.41 |
| Medroxyprogesterone-Acetate | -12.41 |
| Coumarin | -12.40 |
| Wagonin | -12.39 |
| Zearalenone | -12.35 |
| Indomethacin | -12.30 |
| Meclofenamic Acid | -12.24 |
| Biochanin-A | -12.17 |
| Flurbiprofen | -12.11 |
| Ketoprofen | -12.07 |
| Liquiritin | -12.06 |
| Diclofenac | -12.05 |
| Naproxen | -12.04 |
| Mefenamic Acid | -11.94 |
| Medazepam | -11.69 |
| 3-Phenoxybenzoic Acid | -11.55 |
| Resveratrol | -11.50 |
| Oxazolam | -11.46 |
| Cloxacizolam | -11.42 |
| Diethylstilbestrol | -11.39 |
| Spironolactone | -11.33 |
| Etodolac | -11.33 |
| Tamoxifen | -11.18 |
| Hydroxytyrosol | -11.08 |
| Methyl-Jasmonate | -10.83 |
| T-Butylhydroquinone | -10.79 |
| Cyclopentanone | -10.69 |
| Curcumin | -10.61 |
| Ethacrynic Acid | -10.57 |
| 2,3-Dimethoxynaphthalene-1,4-Dione | -10.42 |
| Ibuprofen | -10.24 |
| Paracetamol | -10.15 |
| Acetylsalicylic Acid | -10.12 |
| 3,5-Diiodosalicylic Acid | -10.02 |
| 3,5-Dichlorosalicylic Acid | -9.69 |

[0070] AKR1C1 Leu54Phe mutant is the other variant affecting substrate binding site accessibility presently analyzed. Oppositely but coherently with Leu54Val flavones are the tighter binders due to the incremented steric hindrance of phenylalanine which is able to stacking interact with A/C rings of the binder (Table 10).

TABLE 10

| Docking analysis of natural and synthetic compounds interacting with AKR1C1 mutant Leu54Val | |
|---|-----------------------------|
| Compound | Binding affinity (Kcal/mol) |
| Flavone | -18.35 |
| Flavanone | -18.21 |
| Medroxyprogesterone-Acetate | -18.04 |
| Cholanic Acid | -17.96 |
| Equulin | -17.81 |
| Estazolam | -17.48 |
| 5-Hydroxyflavone | -17.29 |

TABLE 10-continued

| Docking analysis of natural and synthetic compounds interacting with AKR1C1 mutant Leu54Val | |
|---|-----------------------------|
| Compound | Binding affinity (Kcal/mol) |
| Nitrazepam | -17.29 |
| Diazepam | -17.11 |
| 7-Hydroxyflavone | -16.94 |
| 20 α -Hydroxydihydrosterone | -16.81 |
| Zearalenone | -16.76 |
| Spironolactone | -16.45 |
| 3-Hydroxyflavone | -16.42 |
| Medazepam | -16.35 |
| Clozapam | -16.33 |
| Norethindrone | -16.30 |
| Sulindac | -16.24 |
| Glycyrrhetic Acid | -16.17 |
| Ketoprofen | -16.15 |
| 5,7-Dihydroxyflavone | -16.13 |
| 5-pbsa | -16.05 |
| 3-Bromo-5-Phenylsalicylic Acid | -16.05 |
| Betamethasone | -15.93 |
| Daidzein | -15.91 |
| Gamma-Mangostin | -15.77 |
| Naproxen | -15.72 |
| 3,7-Dihydroxyflavone | -15.72 |
| Coumestrol | -15.70 |
| Apigenin | -15.68 |
| T-Butylhydroquinone | -15.66 |
| Luteolin | -15.60 |
| Naringenin | -15.56 |
| Genistein | -15.54 |
| Celecoxib | -15.51 |
| Bromazepam | -15.51 |
| Resveratrol | -15.46 |
| Oxazolam | -15.46 |
| Liquiritin | -15.46 |
| Abietic Acid | -15.44 |
| Coumarin | -15.43 |
| Alpha-Mangostin | -15.27 |
| 3-Phenoxybenzoic Acid | -15.24 |
| Etodolac | -15.23 |
| 3,5-Dichlorosalicylic Acid | -15.23 |
| Biochanin-A | -15.22 |
| Flurbiprofen | -15.21 |
| Diethylstilbestrol | -15.12 |
| Wagonin | -15.09 |
| Oxazepam | -15.02 |
| Flunitrazepam | -15.01 |
| Kaempferol | -14.96 |
| 5-Methoxyflavone | -14.87 |
| Mefenamic Acid | -14.82 |
| Zomepirac | -14.57 |
| Beta-Mangostin | -14.56 |
| 3,5-Diiodosalicylic Acid | -14.46 |
| Acetylsalicylic Acid | -14.34 |
| Methyl-Jasmonate | -14.09 |
| Paracetamol | -13.97 |
| Diclofenac | -13.92 |
| Quercetin | -13.88 |
| Hydroxytyrosol | -13.86 |
| Indomethacin | -13.80 |
| Meclofenamic Acid | -13.78 |
| 2,3-Dimethoxynaphthalene-1,4-Dione | -13.73 |
| Ibuprofen | -13.58 |
| Cyclopentanone | -13.29 |
| Curcumin | -13.00 |
| Tamoxifen | -12.89 |
| Ethacrynic Acid | -12.19 |

[0071] The molecules of tables 9 and 10 have been analyzed considering the interaction with two specific variants, both on nucleotide 54. For every substance indicated in table 8, it is possible to identify through a study determining the

affinity to AKR1C1 the most efficient one for a patient with a specific variant, as done for a patient with a variant on nucleotide 54.

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<211> LENGTH: 6513
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 2

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| tccgttttct atcattccgc tgatctaga tattctctgc attaaatattt aaatatcact | 2520 |
| tctaggctga aaaatcccccc taaaatattt tctagctcag attttccctc caaattctgc | 2580 |
| aatagaatg cacaatgtga actctgcattc tccatgttaa agtctaattgg acattcacac | 2640 |
| tttagcatgtc tcaaagaaat ctcatgtaaa ccatggccat cctgttctac cttaacttcc | 2700 |
| tgagtctatg gaatgataat ttcacatctc ataaacttga ctgtatgtaa tgtcaagaaaa | 2760 |
| agattgacat ttgttaaaaa gtttagtagtg aagtgtgtaa cgcttaagca aactttcata | 2820 |
| tttcaaatctt ottagcaag tgtaacttctt tttcaagat gtgaaataat cattaggta | 2880 |
| gtcatttgtaaat aatagtacat ctgctatggaa cttttccag ttcttcacca tccatttta | 2940 |
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| tcaggaacac ttgagatgtaa agaaaattttt atagggaccc tcaatcacta attttccat | 3060 |
| tttttctctc aaagaaatgc tgaagggagg aattcaggtt gaatgaaagg aaatagtaac | 3120 |
| ttacagocat atagagttttaaaagacttctt tgtaatgtt aacatatggtaaataaaa | 3180 |
| aacatgtattttt tttgaaatctt tggattctac tcattttttt acttcaattt aagatataaaa | 3240 |
| tgtatagaaa taagtataat tctaagctaa tacgtatgca atgttaggaag ctgtatttttt | 3300 |
| tgacccaaac tatgtgaagt ggagaaaacc tggggaaatgtt gatggtttta gatgaaactg | 3360 |
| aagttaaattt catattgatt taaagtaat ttttataact ttataaagg tttcatcatc | 3420 |
| accacagcaa tcacaaagag aataattatg aatatacgca agagggaaatg agaagggaaat | 3480 |
| ccaaatgtca taaaaaaaaaa atcacgccc ctcacaaat ggttaacatgtt gatataaagg | 3540 |
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| caaaaattactt ctatgttca tggaaacag aatgttccatgtt gatgttccat gatgttccat | 4260 |
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| cttttattttt agaacacttca cagatgttccatgtt atgttccatgtt gatgttccat ttatggcat | 4500 |
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| ggagattagt gtgttagagat ttacatttg aattttttt caagaaccaa tgcagagact | 4800 |
| taacagatat atgaaaaaat ttcacataca ctctgaagaa gtctcaggca caatcctact | 4860 |
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| ctgcctggat gttaaacctgg cactgttagc agagcactgc atgaatgaaa ggaatgaaa | 5220 |
| tagccttgcc aactgcatacg gtgctgggtg aggctcactg tggggggcgc acggcaagct | 5280 |
| attcaacatt acgtacaggc atttgaggctc ggggcatgga aaaatactga ggcagtgtgt | 5340 |
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| gctgcgcccc accccccctcc ctggcagcc cagctacaat tgcgtggaa ctcactgca | 5640 |
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| ttcatagccc ctctccccc attgcctgag aaaccactt ccctggccaa cttagggca | 5940 |
| gctcaaatcc cactgttacc accacagctg gtgtctttt gcaagtgcgc cctccatgt | 6000 |
| ggagaccaac cagcacagtc cacacagcc ctcaaggaa aataaataga actgttccca | 6060 |
| ggaaggagaa aatgcgtgc tgagctcgc tggttaccact gcttaccaca ccctgaccag | 6120 |
| tcaaggtct tgagtcggc cgcgtacaa gttcacccgc cgcataacca gcatcaaga | 6180 |
| aaggccacactaactgc tctacagcc gggagtcata gatgttgcgtt cactccctg | 6240 |
| ccacctcaat cagagctggt gctggatcc actgctggg gacttgcgtt gaggtgaagc | 6300 |
| ctgggtgtgg tggctggagg atgaaactt gcacggaggc gatggaggca cccagacaga | 6360 |
| tgcggatgg acatcctgaa gcagactgc ctcactgccc tgcacacaca tgagacgc | 6420 |
| gcccggaaaca gaaggactgg gcaacattca ggcggagccc aggccaaattt tctaaacatg | 6480 |
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<210> SEQ ID NO 3
<211> LENGTH: 323
<212> TYPE: PRT
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 3

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1 5 10 15

Pro Val Leu Gly Phe Gly Thr Tyr Ala Pro Ala Glu Val Pro Lys Ser

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| Lys Ala Leu Glu Ala Thr Lys Leu Ala Ile Glu Ala Gly Phe Arg His | | |
| 35 | 40 | 45 |
| Ile Asp Ser Ala His Leu Tyr Asn Asn Glu Glu Gln Val Gly Leu Ala | | |
| 50 | 55 | 60 |
| Ile Arg Ser Lys Ile Ala Asp Gly Ser Val Lys Arg Glu Asp Ile Phe | | |
| 65 | 70 | 80 |
| Tyr Thr Ser Lys Leu Trp Cys Asn Ser His Arg Pro Glu Leu Val Arg | | |
| 85 | 90 | 95 |
| Pro Ala Leu Glu Arg Ser Leu Lys Asn Leu Gln Leu Asp Tyr Val Asp | | |
| 100 | 105 | 110 |
| Leu Tyr Leu Ile His Phe Pro Val Ser Val Lys Pro Gly Glu Glu Val | | |
| 115 | 120 | 125 |
| Ile Pro Lys Asp Glu Asn Gly Lys Ile Leu Phe Asp Thr Val Asp Leu | | |
| 130 | 135 | 140 |
| Cys Ala Thr Trp Glu Ala Val Glu Lys Cys Lys Asp Ala Gly Leu Ala | | |
| 145 | 150 | 155 |
| Lys Ser Ile Gly Val Ser Asn Phe Asn Arg Arg Gln Leu Glu Met Ile | | |
| 165 | 170 | 175 |
| Leu Asn Lys Pro Gly Leu Lys Tyr Lys Pro Val Cys Asn Gln Val Glu | | |
| 180 | 185 | 190 |
| Cys His Pro Tyr Phe Asn Gln Arg Lys Leu Leu Asp Phe Cys Lys Ser | | |
| 195 | 200 | 205 |
| Lys Asp Ile Val Leu Val Ala Tyr Ser Ala Leu Gly Ser His Arg Glu | | |
| 210 | 215 | 220 |
| Glu Pro Trp Val Asp Pro Asn Ser Pro Val Leu Leu Glu Asp Pro Val | | |
| 225 | 230 | 235 |
| Leu Cys Ala Leu Ala Lys Lys His Lys Arg Thr Pro Ala Leu Ile Ala | | |
| 245 | 250 | 255 |
| Leu Arg Tyr Gln Leu Gln Arg Gly Val Val Val Leu Ala Lys Ser Tyr | | |
| 260 | 265 | 270 |
| Asn Glu Gln Arg Ile Arg Gln Asn Val Gln Val Phe Glu Phe Gln Leu | | |
| 275 | 280 | 285 |
| Thr Ser Glu Glu Met Lys Ala Ile Asp Gly Leu Asn Arg Asn Val Arg | | |
| 290 | 295 | 300 |
| Tyr Leu Thr Leu Asp Ile Phe Ala Gly Pro Pro Asn Tyr Pro Phe Ser | | |
| 305 | 310 | 315 |
| Asp Glu Tyr | | |

<210> SEQ ID NO 4
 <211> LENGTH: 297
 <212> TYPE: PRT
 <213> ORGANISM: Homo sapiens

<400> SEQUENCE: 4

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| 15 | | |
| Pro Val Leu Gly Phe Gly Thr Tyr Ala Pro Ala Glu Val Pro Lys Ser | | |
| 20 | 25 | 30 |
| 30 | | |
| Lys Ala Leu Glu Ala Thr Lys Leu Ala Ile Glu Ala Gly Phe Arg His | | |
| 35 | 40 | 45 |
| Ile Asp Ser Ala His Leu Tyr Asn Asn Glu Glu Gln Val Gly Leu Ala | | |

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| | | | |
|---|-----|-----|-----|
| 50 | 55 | 60 | |
| Ile Arg Ser Lys Ile Ala Asp Gly Ser Val Lys Arg Glu Asp Ile Phe | | | |
| 65 | 70 | 75 | 80 |
| Tyr Thr Ser Lys Leu Trp Cys Asn Ser His Arg Pro Glu Leu Val Arg | | | |
| 85 | 90 | 95 | |
| Pro Ala Leu Glu Arg Ser Leu Lys Asn Leu Gln Leu Asp Tyr Val Asp | | | |
| 100 | 105 | 110 | |
| Leu Tyr Leu Ile His Phe Pro Val Ser Val Lys Ala Val Glu Lys Cys | | | |
| 115 | 120 | 125 | |
| Lys Asp Ala Gly Leu Ala Lys Ser Ile Gly Val Ser Asn Phe Asn Arg | | | |
| 130 | 135 | 140 | |
| Arg Gln Leu Glu Met Ile Leu Asn Lys Pro Gly Leu Lys Tyr Lys Pro | | | |
| 145 | 150 | 155 | 160 |
| Val Cys Asn Gln Val Glu Cys His Pro Tyr Phe Asn Gln Arg Lys Leu | | | |
| 165 | 170 | 175 | |
| Leu Asp Phe Cys Lys Ser Lys Asp Ile Val Leu Val Ala Tyr Ser Ala | | | |
| 180 | 185 | 190 | |
| Leu Gly Ser His Arg Glu Glu Pro Trp Val Asp Pro Asn Ser Pro Val | | | |
| 195 | 200 | 205 | |
| Leu Leu Glu Asp Pro Val Leu Cys Ala Leu Ala Lys Lys His Lys Arg | | | |
| 210 | 215 | 220 | |
| Thr Pro Ala Leu Ile Ala Leu Arg Tyr Gln Leu Gln Arg Gly Val Val | | | |
| 225 | 230 | 235 | 240 |
| Val Leu Ala Lys Ser Tyr Asn Glu Gln Arg Ile Arg Gln Asn Val Gln | | | |
| 245 | 250 | 255 | |
| Val Phe Glu Phe Gln Leu Thr Ser Glu Glu Met Lys Ala Ile Asp Gly | | | |
| 260 | 265 | 270 | |
| Leu Asn Arg Asn Val Arg Tyr Leu Thr Leu Asp Ile Phe Ala Gly Pro | | | |
| 275 | 280 | 285 | |
| Pro Asn Tyr Pro Phe Ser Asp Glu Tyr | | | |
| 290 | 295 | | |

<210> SEQ ID NO 5

<211> LENGTH: 19869

<212> TYPE: DNA

<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 5

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| ataatatttt tagtgtttag agttcaaagg agctagagta agtggaaagct gaccaggttg | 180 |
| tcaaggctgt gttcctatgt tactctgcat gactcccctt taaacgtcag tctttgtct | 240 |
| gcaatgccat cttgtcacag ggtcatctac tgcttatttg tggcactgtt ttgtcttctg | 300 |
| tttatgttta tttcacagct tgcagatctc tataacaactc aacagaaaaga acacggcttg | 360 |
| cctgctccct ctcttgaaga ttgattgcaa tgggagtggt ttctctgttt ctgttatag | 420 |
| tcaaacat atttacttct tccaagaaga tacaattcag aggaattttt atggcaaaag | 480 |
| tttagtggaga cgggggtggat gaaatctgtt gggagagttt cactgttctg atggcgcc | 540 |
| ttgagcacca cactgtataa ctagaccctgg cctaaagaga atttctcatg tactattctc | 600 |
| acctctggaa aaattacctg aaacgataaa atatcctcat tttaagaaaa aaaaaatact | 660 |

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| | |
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      20          25          30

```

```

Lys Ala Leu Glu Ala Thr Lys Leu Ala Ile Glu Ala Gly Phe Arg His
      35          40          45

```

```

Ile Asp Ser Ala His Leu Tyr Asn Asn Glu Glu Gln Val Gly Leu Ala
      50          55          60

```

```

Ile Arg Ser Lys Ile Ala Asp Gly Ser Val Lys Arg Glu Asp Ile Phe
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```

```

Tyr Thr Ser Lys Leu Trp Cys Asn Ser His Arg Pro Glu Leu Val Arg
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```

```

Pro Ala Leu Glu Arg Ser Leu Lys Asn Leu Gln Leu Asp Tyr Val Asp
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```

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Leu Tyr Leu Ile His Phe Pro Val Ser Val Lys Pro Gly Glu Val
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Ile Pro Lys Asp Glu Asn Gly Lys Ile Leu Phe Asp Thr Val Asp Leu
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Cys Ala Thr Trp Glu Ala Val Glu Lys Cys Lys Asp Ala Gly Leu Ala
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Lys Ser Ile Gly Val Ser Asn Phe Asn Arg Arg Gln Leu Glu Met Ile
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|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
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| | | | | | | | | | | | | | | | |
| 180 | | | | | | | | 185 | | | | | | | 190 |
| Cys | His | Pro | Tyr | Phe | Asn | Gln | Arg | Lys | Leu | Leu | Asp | Phe | Cys | Lys | Ser |
| | | | | | | | | | | | | | | | |
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| Lys | Asp | Ile | Val | Leu | Val | Ala | Tyr | Ser | Ala | Leu | Gly | Ser | His | Arg | Glu |
| | | | | | | | | | | | | | | | |
| 210 | | | | | | | | 215 | | | | | | | 220 |
| Glu | Pro | Trp | Val | Asp | Pro | Asn | Ser | Pro | Val | Leu | Leu | Glu | Asp | Pro | Val |
| | | | | | | | | | | | | | | | |
| 225 | | | | | | | | 230 | | | | 235 | | | 240 |
| Leu | Cys | Ala | Leu | Ala | Lys | Lys | His | Lys | Arg | Thr | Pro | Ala | Leu | Ile | Ala |
| | | | | | | | | | | | | | | | |
| 245 | | | | | | | | 250 | | | | | | | 255 |
| Leu | Arg | Tyr | Gln | Leu | Gln | Arg | Gly | Val | Val | Val | Leu | Ala | Lys | Ser | Tyr |
| | | | | | | | | | | | | | | | |
| 260 | | | | | | | | 265 | | | | | | | 270 |
| Asn | Glu | Gln | Arg | Ile | Arg | Gln | Asn | Val | Gln | Val | Phe | Glu | Phe | Gln | Leu |
| | | | | | | | | | | | | | | | |
| 275 | | | | | | | | 280 | | | | | | | 285 |
| Thr | Ser | Glu | Glu | Met | Lys | Ala | Ile | Asp | Gly | Leu | Asn | Arg | Asn | Val | Arg |
| | | | | | | | | | | | | | | | |
| 290 | | | | | | | | 295 | | | | | | | 300 |
| Tyr | Leu | Thr | Leu | Asp | Leu | Phe | Ala | Gly | Pro | Pro | Asn | Tyr | Pro | Phe | Ser |
| | | | | | | | | | | | | | | | |
| 305 | | | | | | | | 310 | | | | 315 | | | 320 |
| Asp | Glu | Tyr | | | | | | | | | | | | | |

1. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof with molecules capable of modulating the activity of AKR1C1 comprising at least one of the following steps:

- (i) detecting step to identify rare and polymorphic variants in the sequence of AKR1C1 gene, copy number variants (CNV), complex rearrangements and epigenetic modifications;
- (ii) detecting step to quantify mRNA encoding an AKR1C1 isoform or to verify the presence of mRNA encoding an AKR1C polypeptide or fragment thereof;
- (iii) detecting an increment or reduction of AKR1C1 enzymatic substrate or product or metabolites, in a biological sample of a lipedema patient compared to controls;
- (iv) identifying natural and synthetic molecules capable of modulating AKR1C1 with possible therapeutic effect on lipedema.

2. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the variants of step (i) are detected from gDNA, in particular by single nucleotide polymorphism (SNP) analysis for detecting differences between alleles of AKR1C1 genes, that reside within a region of human chromosome 10, or detected through NGS or Sanger technologies.

3. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the mRNA of step (ii) or the enzymatic substrate or product or metabolite of step (iii) is detected in a biological sample.

4. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 3 wherein the biological sample is blood, urine and/or adipose tissue specimens.

5. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1

wherein the enzymatic substrate or product or metabolite of step (iii) is a steroid derivative or a prostaglandin.

6. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 3 wherein the biological sample of step (iii) is screened with an antibody that specifically binds to the AKR1C1 enzymatic substrate or product or metabolite or the biological sample is treated or converted by AKR1C1 enzyme.

7. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the variants of step (i) are selected from known loss-of-function (LoF) SNPs selected from the group consisting of c.84+1G>T, c.64C>T, c.90+2T>G, c.100delG, c.134delG, c.172G>T, c.81-1G>T, c.81-1G>A, c.81-1G>C, c.196C>T, c.252+2T>C, c.258G>A, c.271C>T, c.286C>T, c.369+2T>C, c.394delG, c.394_397dupGATG, c.403G>T, c.448-1G>A, c.514C>T, c.570+1G>A, c.615G>A, c.649dupA, c.667C>T, c.680+1G>A, c.680+1G>C, c.680+2T>C, c.681-1G>A, c.681G>A, c.698delC, c.741delG, c.748C>T, c.846+1G>A, c.846+1G>T, c.910C>T, c.929+1G>A, c.945delT, c.962delA, c.969T>G or selected from c.160T>G, c.162A>T, c.911G>T, c.381A>T, c.664_665delCAinsAT, c.664_665delCAinsTC, c.919_920delACinsGT, c.925_926delGAinsCT (p.Asp309Leu), c.914A>T, c.638T>A, c.22G>C, c.22G>T, c.32A>G, c.5G>A, c.82A>G, c.97A>G, c.104T>C, c.139C>A, c.163T>C, c.168T>A, c.184G>A, c.272G>T, c.274C>A, c.290C>G, c.298G>C, c.338T>C, c.355C>A, c.392A>T, c.394G>T, c.566A>G, c.584A>G, c.607C>A, c.607C>G, c.575A>C, c.616T>G, c.698C>T, c.715C>A, c.755C>G, c.764T>C, c.773G>T, c.787C>G, c.788G>C, c.788G>T, c.797T>C, c.962A>G.

8. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the variants of step (i) are selected from the group consisting of: c.840C>A (p.Asn280Lys), c.327T>A (p.Asp109Glu), c.928A>C (p.Ile310Leu).

9. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the variants of step (i) are selected from c.160T>G (p.Leu54Val), c.638T>A (p.Leu213Gln), and c.162A>T (p.Leu54Phe).

10. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the SNPs are selected on the basis of the following criteria: only missense variants; absent in homozygous state; frequency below 0.1%.

11. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 10 wherein the selected variants are studied by functional modelling to verify their impact in terms of binding affinity to certain pharmaceutically active compounds.

12. Method for the diagnosis of lipedema and/or for the individuation of treatments thereof according to claim 1 wherein the enzymatic substrate or product in step (iii) is selected among 20 α -hydroxysteroid dehydrogenase (20 α -HSD); PGF2 α and its derivatives, in particular by measurement of 15-keto-13,14-dihydro-PGF2 α , the major metabolite of PGF2 α in plasma; or isoprostane 8-iso-Prostaglandin F2 α (8-iso-PGF2 α).

13. Method for the diagnosis of lipedema according to claim 1 wherein in step (iii) the levels of at least one of the following metabolites 3 α -Hydroxy-5 α -pregnan-20-one, 3 α -Hydroxy-5 β -pregnan-20-one, 3 β -Hydroxy-5 α -pregnan-20-one, 3 β -Hydroxy-5 β -pregnan-20-one, 5 α -Pregnane-3,20-dione, 5 β -Pregnane-3,20-dione, Pregn-4-ene-3,20-dione, 20 α -Hydroxy-pregn-4-ene-3-one, 5 α -Pregnane-3 α ,20 α -diol, 5 β -Pregnane-3 α ,20 α -diol, 5 α -Androstan-17 β -ol-3-one, 5 α -Androstan-3 α ,17 β -diol, 21-hydroxy-5 α -pregnan-20-one, 3 α ,21-dihydroxy-5 α -pregnan-20-one, Pregnanetriol/17-hydroxypregnanolone, 15-keto-13,14-dihydro-PGF2 α , in particular 8-iso-Prostaglandin F2 α progesterone and/or 5 α -dihydrotestosterone is determined in a body fluid.

14. Method for the diagnosis of lipedema according to claim 1 wherein in step (iii) the ratio (androstanediol^{1,5} \times 20 β -DH-cortisone)/(20 β -DH-cortisone+[cortisol \times log(estradiol)]) in a body fluid is determined.

15. A method of treating and/or preventing of human lipedema in a subject, the method comprising administering or applying to a subject in need thereof a therapeutically effective amount of a compound of natural or synthetic origin, preferably contained in a food supplement, cream or ointment, suitable for modulating the activity of AKR1C1 or of prostaglandins.

16. The method according to claim 15 wherein the compound is an inhibitor of AKR1C1 or modulates the catalytic activity of the AKR1C1 enzyme, and comprises at least one of the compounds indicated in table 6, in particular benzodiazepines, such as medazepam, derivatives of pyrimidine, phthalimide and anthranilic acid, competitive inhibitors with a core structure of steroid carboxylate and flavones, and liquiritin, flavanone, flavone, 3-hydroxyflavone, 5-hydroxyflavone, equulin, diazepam, 20 α -hydroxyhydroxydesterone, coumarin, glycyrrhetic acid, 7-hydroxyflavone and 3,7-dihydroxyflavone, acteoside, amentoflavone, chlorella, green tea, hinokiflavone, quercetin-3-O-rutinoside, ricinoleic acid, sennosides, viprostol, latanoprost, isopropyl unoprostone, bimatoprost.

liquiritin or at least one of the compounds indicated in table 8, preferably flavanone, flavone, 3-hydroxyflavone, 5-hydroxyflavone, equulin, diazepam, 20 α -hydroxyhydroxydesterone, coumarin, glycyrrhetic acid, 7-hydroxyflavone and 3,7-dihydroxyflavone.

17. The method according to claim 15 wherein the compound is suitable for modulating prostaglandins and comprises at least one of the compounds selected from acteoside, amentoflavone, chlorella, green tea, hinokiflavone, quercetin-3-O-rutinoside, ricinoleic acid, sennosides, viprostol, latanoprost, isopropyl unoprostone, bimatoprost.

18. The method according to claim 15 wherein the step of administering or applying to a subject in need thereof a therapeutically effective amount of a compound of natural or synthetic origin is preceded by a step for the diagnosis of lipedema that confirmed the tested person is affected by lipedema, said step for the diagnosis of lipedema comprising at least one of the following steps:

- (i) detecting step to identify rare and polymorphic variants in the sequence of AKR1C1 gene, copy number variants (CNV), complex rearrangements and epigenetic modifications;
- (ii) detecting step to quantify mRNA encoding an AKR1C1 isoform or to verify the presence of mRNA encoding an AKR1C polypeptide or fragment thereof;
- (iii) detecting an increment or reduction of AKR1C1 enzymatic substrate or product or metabolites, in a biological sample of a lipedema patient compared to controls;
- (iv) identifying natural and synthetic molecules capable of modulating AKR1C1 with possible therapeutic effect on lipedema.

19. The method according to claim 18 wherein the confirmation of the fact that the tested person is affected by lipedema is obtained by the detection of a biomarker in a body fluid in a concentration exceeding a determined limit value.

20. A composition for the treatment of human lipedema, in particular in the form of a food supplement, cream or ointment, comprising an inhibitor of AKR1C1 or a compound that modulates the catalytic activity of the AKR1C1 enzyme or of prostaglandins, in particular at least one of the components indicated in tables 6-8, in particular benzodiazepines, such as medazepam, derivatives of pyrimidine, phthalimide and anthranilic acid, competitive inhibitors with a core structure of steroid carboxylate and flavones, and liquiritin, flavanone, flavone, 3-hydroxyflavone, 5-hydroxyflavone, equulin, diazepam, 20 α -hydroxyhydroxydesterone, coumarin, glycyrrhetic acid, 7-hydroxyflavone and 3,7-dihydroxyflavone, acteoside, amentoflavone, chlorella, green tea, hinokiflavone, quercetin-3-O-rutinoside, ricinoleic acid, sennosides, viprostol, latanoprost, isopropyl unoprostone, bimatoprost.

* * * * *